

strictly to the I.H.V.H formula +
communicate ^{only} thru Alos. but the
main instruction is to act "as my
mind" - to watch out on common
sense + intelligent lines to assure
the welfare of the 4 of us.

Alos will transmit and interpret
this letter as she thinks best, adding
her own understanding of my will, to
enlighten your Reach.

(Enclose Earp's Tele. + explain)

*? Forbid O.P.V. to read (or think of) AL
until my comment is ready.

"Let there be folly" - he is the No 1

his own understanding of my Will, to
enlighten your Research.

(and Earp's Test) & explain

*? Forbid O.P.V. to read (or think of) AL
until my Comment is ready.

"Let there be folly" - he is the No 1
type of what human can cure of a
man reading this 'dynamite' which
he does not understand.

Note. My original & only demand on O.P.V. was
that he should help me with the Comment.
That he point blame refused to do.

strictly to the I.H.V. formula +
communicate ^{only} this. Also, but the
main instruction is to act "as my
mind" - to watch out on common
sense + intelligent lines to assure
the welfare of the 4 of us.

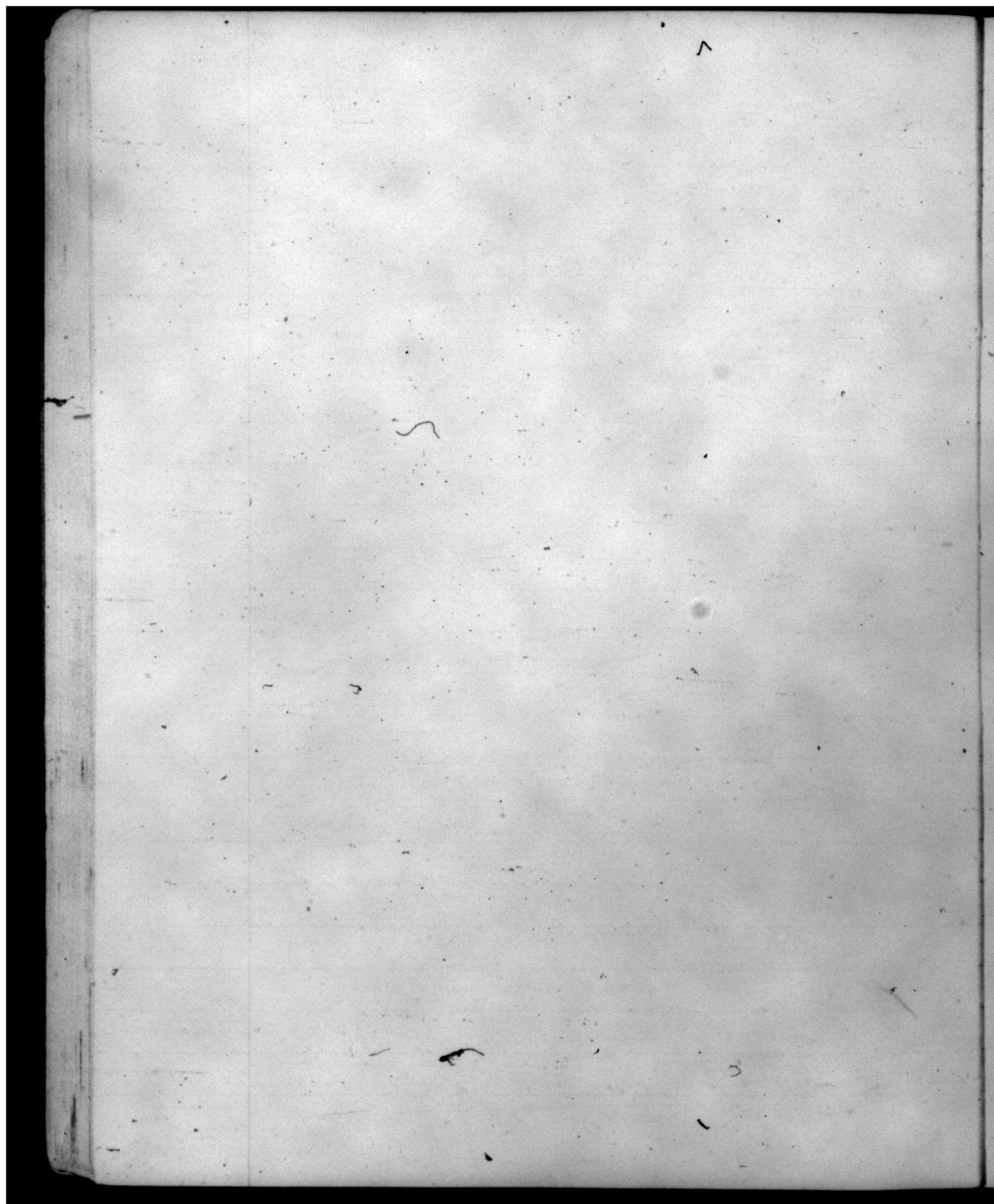
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(and Eap's Tele.) + explain

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man reading this 'dynamite' which
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Note. My original + only demand on O.P.V. was
that he should help me with the Comment.
That he might be able refused to do.



ALD 25 does not mean at all what
o.p.v. screams constantly.

"The people" are primarily the loose
mob of unurgent thoughts & emotions
- the Mudds (so to say) of the mind.
(See previous verses)

669
note
this

It was laid down some time since
that it was forbidden to base
dogmatic arguments on AL - &
Mudd does nothing else.

N.B. We do not want him here!
will not see him if he comes.

5¹² P.M. A new child is man's special
child, more so than a human child,
in fact, a monster. He gives it accordingly
idolatrious worship, till he tires of it,
not being, like a human child,
supplied with self-maintaining.

A.D. 25 does not mean at all what
o.P.V. screams constantly.

"The people" are primarily the loose
mob of unurgent thoughts & emotions
- the Mudds (so to say) of the mind.
(See previous verses)

669

note

this

It was laid down some time since
that it was forbidden to base
dogmatic arguments on A.L. - &
Mudd does nothing else.

this

N.B. We do not want him see here:
will not see him if he comes.

5¹² P.M.

A new creation is man's special
child, more so than a human child.
In fact, a monster. He gives it accordingly
idolatrious worship, till he tires of it
not being, like a human child,
supplied with self-maintaining.

- The Muddo (to say) of the mind.
(See previous verses)

669
note
this

It was laid down some time since
that it was forbidden to base
dogmatic arguments on A.L. - &
Muddo does nothing else

this N. B. We do not want him near here:
will not see him if he comes.

5¹² P.M. A new machine is man's special
child, more so than a human child,
in fact, a monster. He gives it accordingly
idolatrious worship, till he tires of it
not being like a human child,
supplied with self-maintaining

A.D. 25 does not mean at all what
o.p.v. screams constantly.

"The people" are primarily the loose
mob of insurgent thoughts & emotions
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(See previous verses)

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child, more so than a human child,
in fact, a monster. He gives it accordingly
idolatrious worship, tell he tires of it
not being, like a human child,
supplied with self-maintaining

2nd Night

Sleeping periods	7:30 - 8	0:30
	11:00 - 11:45	45
	11:30 - 12:15	25
	12:30 - 1	40
	1:10 - 3:25	4:15
	6 - 7:35	1:35
	7:40 - 8:40	1:00
		<hr/>
		9:10

machinery, the lack of constant attention when the first interest wears off, rapidly deteriorates the machine.

When new invent machines in which they propose to depend for their livelihood they are bound to become the slaves thereof. Butler saw this but did not see why. The above gives the real rationale of the trouble & the data of the problem. It should enable me to determine the limits of a legitimate machine such as man can discard without self destruction & the man-eating machine.

Note - Dozing bet. 7³⁰ - 8

Woke - cough & tendency to vomit

Took 7³⁰ 8¹⁵, stopped before 8¹⁶

Subher 10⁴.

Sleep 11^h

Woke 11.45

11.49 Cough & tendency

to spit, based by 15 sputa | Stopped at once

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~~above gives~~ the real rationale of
the trouble - the data of the problem.
It should enable us to determine the
limits of a legitimate machine such
as man can discard without self
destruction. or the man-eating
machine.

Note - Dozing bet. 7³⁰ - 8

Woke - cough & tendency to vomit
Took 7^m 8¹³, stopped before 8¹⁶

Supper 10⁴.

Sleep 11^h.

Woke 11:45

7^m 11:49

Cough & tendency

to spit, baned by 15 smokes

Stopped at once

~~above gives~~ the real rationale of
the trouble -- the data of the problem.
It should enable me to determine the
limits of a legitimate machine such
as man can discard without self
destruction. It the man-eating
machine.

Note - Dozing bet. 7³⁰ - 8

Woke - cough & tendency to vomit
Took 7^m 8¹³, stopped before 8¹⁶

Supper 10⁴.

Sleep 11^h

Woke 11:45 11:49 Cough & tendency
to spit, baned by 13 smts. | Stopped at once

machinery, the lack of constant attention when the first interest wears off, rapidly determines the machine.

When a new invent machine in which they propose to depend for their livelihood they are bound to become the slaves thereof. Buter saw this but did not see why. The above gives the real rationale of the trouble - & the ~~fact~~ ^{key} of the problem. It should enable us to determine the limits of a legitimate machine such as new can discard without self destruction & the man-eating machine.

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Woke - cough & tendency to vomit

Took 7³⁰ 8¹³, stopped before 8¹⁶

Supper 10 L.

Sleep 11^{hr}

Woke 11:45

11:49

Cough & tendency

to spit, baned by 150 mts. | Stopped at once

machinery, the lack of constant attention when the first interest wears off, rapidly deteriorates the machine.

When new invent machines in which they propose to depend for their livelihood they are bound to become the slaves thereof. Buter saw this but did not see why. The above gives the real rationale of the trouble - & the key of the problem. It should enable us to determine the limits of a legitimate machine such as man can discard without self destruction. & the man-eating machine.

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Woke - cough & tendency to vomit

Took 7³⁰ 8¹³, stopped before 8¹⁶

Subher 10 L.

Sleep 11^h

Woke 11:45

11:49

Cough & tendency

to spit, based by 13 smths

stopped at once

5

4

1

1

5

7

7

5

7

4

7

within 4 minutes slept at once
the ♂ woke 12.15 from pleasant sleep - no
1/4/24 cough (one slight ^{throat} clearing)

1.10 Woke - easy - thrust

1.11 Woke - slept at once,
+ pressure

5.48 Woke at 5.35 with very violent
cough, + strong ^{impulse} that got out
of bed for better - thanks to Bennett,
I suppose; there was, at least, some power
of resistance.

It was 3 or 4 minutes before I could
set the ^{more} ~~more~~ stability; + the cough
insisted on getting rid of a lot of phlegm

within 4 minutes slept at once
the ♂ woke 12:15 from pleasant dream - no
1/4/24 cough (no slight ^{throat} clearing)

1:10 Woke - easy - throat

Milk. Slept ^{at once}

1:10 Woke

5.08. Woke at 5.25 with very violent
cough, & strong impulsion that I got out

of bed for better thanks to Bernstein,

W. phase; there was, at least, some power
of resistance.

It was 3 or 4 minutes before I could
set the temperature; & the cough
insisted on getting rid of a lot of phlegm

within 4 minutes slept at once
Woke 12:15 from pleasant dream - no
anxiety (one slight ~~thought~~ thought - clearer)

1:10 Woke - easy - thirsty

Milk. Slept again at once,
1. persistence

5:48. Woke at 5:25 with very violent
cough, & strong impulse to get
out of bed for better - thanks to Bismarck
supper; there was, at least, some power
of resistance.

within 4 minutes slept at once
Woke 12:15 from pleasant dream - no
cough (one slight throat-clearer)

110 Woke - easy - thirst

110 Woke - slept again at once,
1 pressure

5.48. Woke at 5.25 with very violent
cough, & strong impulse to get
out of bed for water - thanks to Bedman

110 Woke; there was, at least, some power
of resistance.

within 4 minutes slept at once
Woke 12:15 from pleasant dream - no
anxiety (one slight ^{night} ~~night~~ ^{clearer})

1:10 Woke - easy - thirsty

Milk. Slept again at once,
1 pressure.

5:48 Woke at 5:25 with very violent
cough, & strong impulse to get
out of bed for toilet - thanks to Bismarck

1:45 phase; there was, at least, some power
of resistance.

14th. Slept again at once,
I presumed.

5.08. Woke at 5.25 with very violent
cough, & strong impulse to get out
of bed for water - thanks to Besant,
I suppose; there was, at least, some power
of resistance.

It was 3 or 4 minutes before I could
set the run steady; & the cough
persisted in getting rid of a lot of phlegm.

14th. Slept ~~from~~ at once,
1 pressure.

5.08. Woke at 5.25 with very violent
cough, & strong impulse to get out
of bed for toilet - thanks to Basnett,
I suppose; there was, at least, some power
of resistance.

It was 3 or 4 minutes before I could
set the ~~me~~ steady; & the cough
persisted in setting rid of a lot of phlegm

within 4 minutes slept at once
the ♂ woke 12:15 from pleasant doze - no
1/4/24 cough (one slight ^{throat} cleaner)

1:10 Woke - easy - thirst

Milk. Slept at once,
1 promise.

5:48 Woke at 5:25 with very violent
cough, & strong impulse to get out
of bed for little - thanks to basement,
I suppose; there was, at least, some power
of resistance.

It was 3 or 4 minutes before I could
set the man steadily; & the cough
persisted in getting rid of a lot of phlegm

Alfred's Revision

Philosopher

Poet

Historian

Artist

Lawyer

Agriculturist

Fighter (Strategist)

Practitioner

Science

Medicine

Mechanic

6

5

13

✓

7

Alaska 1910

1910

1910

1910

1910

1910

1910

1910

1910

1910

Alaska's Business men

Philosopher

Poet

Historian

6

Priest

Language

2

Agriculturist

25

Fighter (Strategist)

✓

Practician

Science

Medicine

Mechanic

↑

Alfred's Nurse man

Philosopher

Poet

Historian

6

Priest

Language

2

Agriculturist

25

Fighter (Strategist)

✓

Practician

Science

Medicine

Mechanic

↑

Alaska's Profession

Philosophy

Paint

Historian

Printer

Language

Agriculturist

Fisherman (Strategist)

Practitioner

Science

Medicine

Mechanic

7

6

5

4

3

before coming down.

A very bad case, - there was a strong feeling

that after some time, -

I took some, & it certainly helped.

5.58 all over: quite peaceful.

Still probably sleep all night
a case - probably a case of the same.

Be intensely peaceful in my bed is
not true as it was yesterday.

Comparing this with that night, it
is heaven to tell, though in each case

the wakings have been the same.

(One of these wakings was accompanied by strong
arousal.)

7.35 Yes, dozed off. Feel

pretty lousy from

reaction - the ⁱⁿ effects,

before coming down.

A very bad case, & there was a strong feeling
that either was required to be removed from
I took some, & it certainly suited.

5.58 all over & quite peaceful.

Still probably sleep till breakfast
or else, & that is comfortable. (As noted)

The intensely sweet spot on my chest is
not there as it was yesterday.

Comparing this with that night, it
is heaven to be well, though in each case
the wakings have been the same.

(One of these wakings was accompanied by strong
erection.)

5.58 All over 2 miles, finished.

Still probably still felt pretty
or else... but they have rested

The intensity of the... is
not there as it was yesterday.

Comparing this with that night, it
is heaven to hell; though in each case

the wakings have been the same.
(one of these wakings was accompanied by strong
arousal)

7.35 Yes, dozed off. Feel
pretty lousy from
reaction - the ^{has} effect.

5.58 all over: quite peaceful.

Still probably sleep all through,
or else in a state of complete rest.

The intensity of the pain in my chest is
not there as it was yesterday.

Comparing this with that night, it
is heaven to hell; though in each case

the wakings have been the same.

(One of these wakings was accompanied by strong
arabian

7.35 Res, dozed off. Feel

pretty lugged from

reaction - the ^{has} effect.

5.58 - all over & out, & asleep.

Still probably sick, all over & out, & asleep. I've rested.

He intensely & ... chest is not there as it was yesterday.

Comparing this with that night, it is heaven to hell, though in each case

the wakings have been the same. (one of these wakings was accompanied by strong erection)

7.35 Yes, drizzled off. Feel pretty lugged down - the ... effect.

5.58 all over with peaceful.

Still probably sleep, but breathe,
or else meditate, comfortably. (As rested)

The intensely peaceful in my chest is
not there as it was yesterday.

Comparing this with that night, it
is heaven to hell; though in each case

the wakings have been the same.

(One of these wakings was accompanied by strong
arabian.)

7.35 Yes, dozed off. Feel

pretty lugged down

reaction - the ^{was} effect.

5.58 all over; with peaceful.

Still probably sleep all night
or else in a state of complete rest.

The intensely peaceful in my heart is
not there as it was yesterday.

Comparing this with that night, it
is heaven to hell; though in each case

the wakings have been the same.

(One of these wakings was accompanied by strong
arabian

7.35 Yes, dazed off. Feel

pretty lugged from

reaction - the ^{has} effect.

before coming down.

A very bad case, & there was a strong feeling
that there was no point in talking to me
I took some, & it certainly, & tried.

5.58 all over: into peaceful.

Still probably, except for his brother,
or else, perhaps, to be able to be asked.

He intensely, & I don't know what is
at there as it is a very

Comparing this with that night, it
is heaven to hell; though in each case
the wakings have been the same.

(One of these wakings) was accompanied by strong
arbitri.

7.35 Yes, dozed off. Feel

pretty lugged from

reaction - the ^{was} effect.

before entering town.

A very bad case, & there was a strong feeling
that either was required to be present & that
I took care, & it certainly & certainly.

5.58 all over with feverish.

Still probably sleep all night
or else, & certainly, & certainly, & certainly.

The intensity of it on my heart is
not there as it was yesterday.

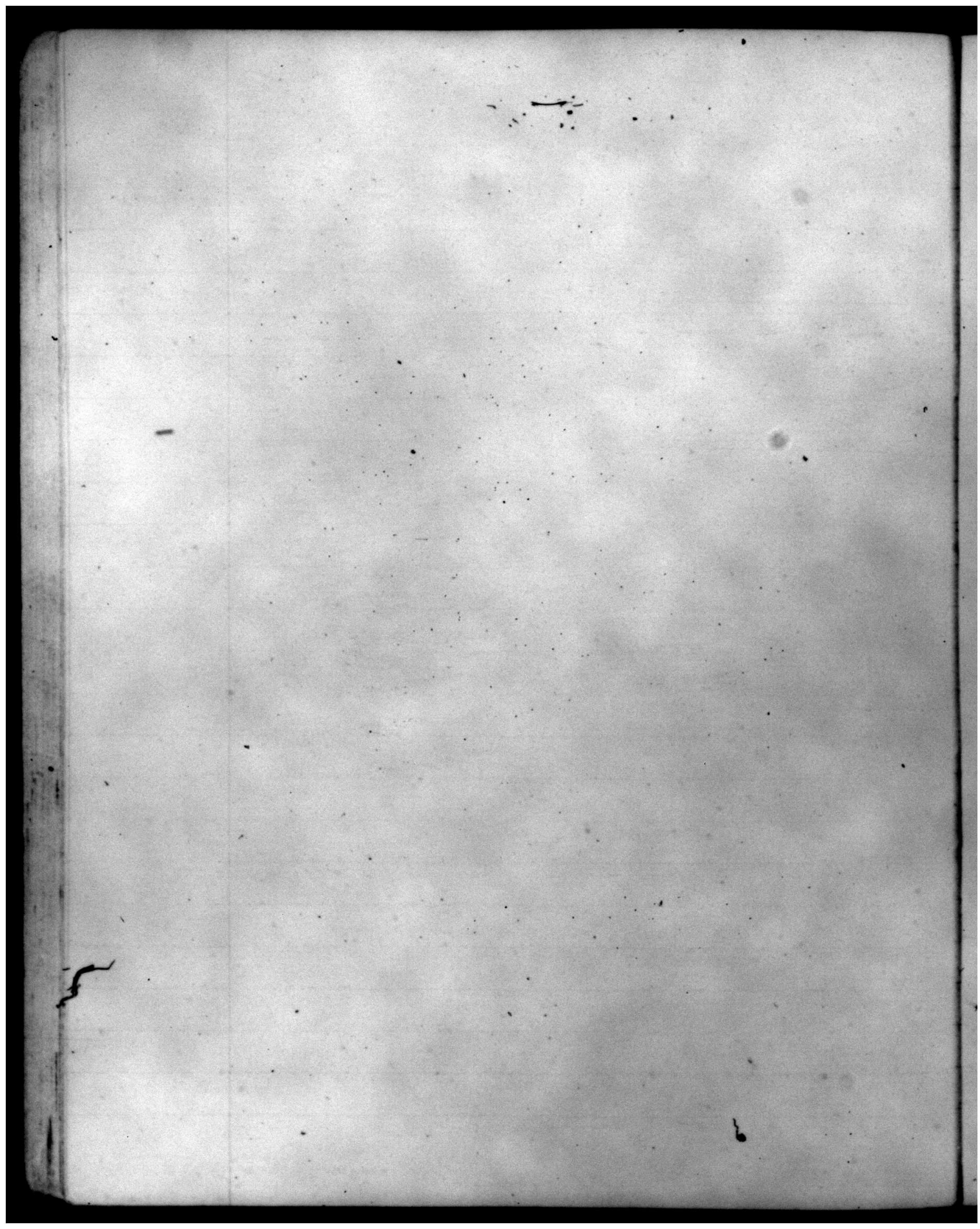
Comparing this with that night, it
is heaven to hell, though in each case
the wakings have been the same.

(One of these wakings) was accompanied by strong
arbitrarily.

7.35 Yes, dozed off. Feel

pretty lugged from

reaction - the ^{was} effect.



not felt here: no acculum
let in in system? This is
when one would expect to
take a good sleep at all.

- I don't. But a strong
8:40 I wake up
No sleep at all.

Total of night 7:30 - 8:40 = 13^h 10

Sleeping 9h. 10 in 7 goes.

Waking 4h.

1:50 P.M. Having now records of two
normal nights - one without either
heroin or heroin-protection, which means

not felt pure : : no acculum
let in in system? This is
when one would be tempted to
take a good sleep done.

I don't. Bilt 2. Shyburne
8:40 I wake get my arm.

No cough at first.

Total of night 7:30 - 8:40 = 13^h 10

Sleeping 9h 10 in 7 evs.

Waking 4h.

not felt pure & no acculum
when in system? This is
when one would be tempted to
take a good long dose.

I don't. Bilt a Phrythum
8:40 I wake get my arm.

No cough at first

Total of night 7:30 - 8:40 = 13^h 10

Sleeping 9h. 10 in 7 wks.
Waking 4h.

not felt pure : no acculum
let me in system? This is
when one would be tempted to
take a good dose.

I don't. Bilt a. Phryburne
8:40 I wake get my arm.

No cough at first

Total of night 7:30 - 8:40 = 13^h 10

Sleeping 9h. 10 in 7 wks.
Waking 4h.

not felt pure : no acculum
let in in system? This is
when one would be tempted to
take a good hard dose.

I don't. Bilt & Phryburne
8:40 I wake get my own.

No cough at first.

Total of night, 7:30 - 8:40 = 13^h 10

Sleeping 9h. 10 in 7 wks.

Waking 4h.

not felt pure : no acculum
let in in system? This is
when one will be tempted to
take a good hard dose.

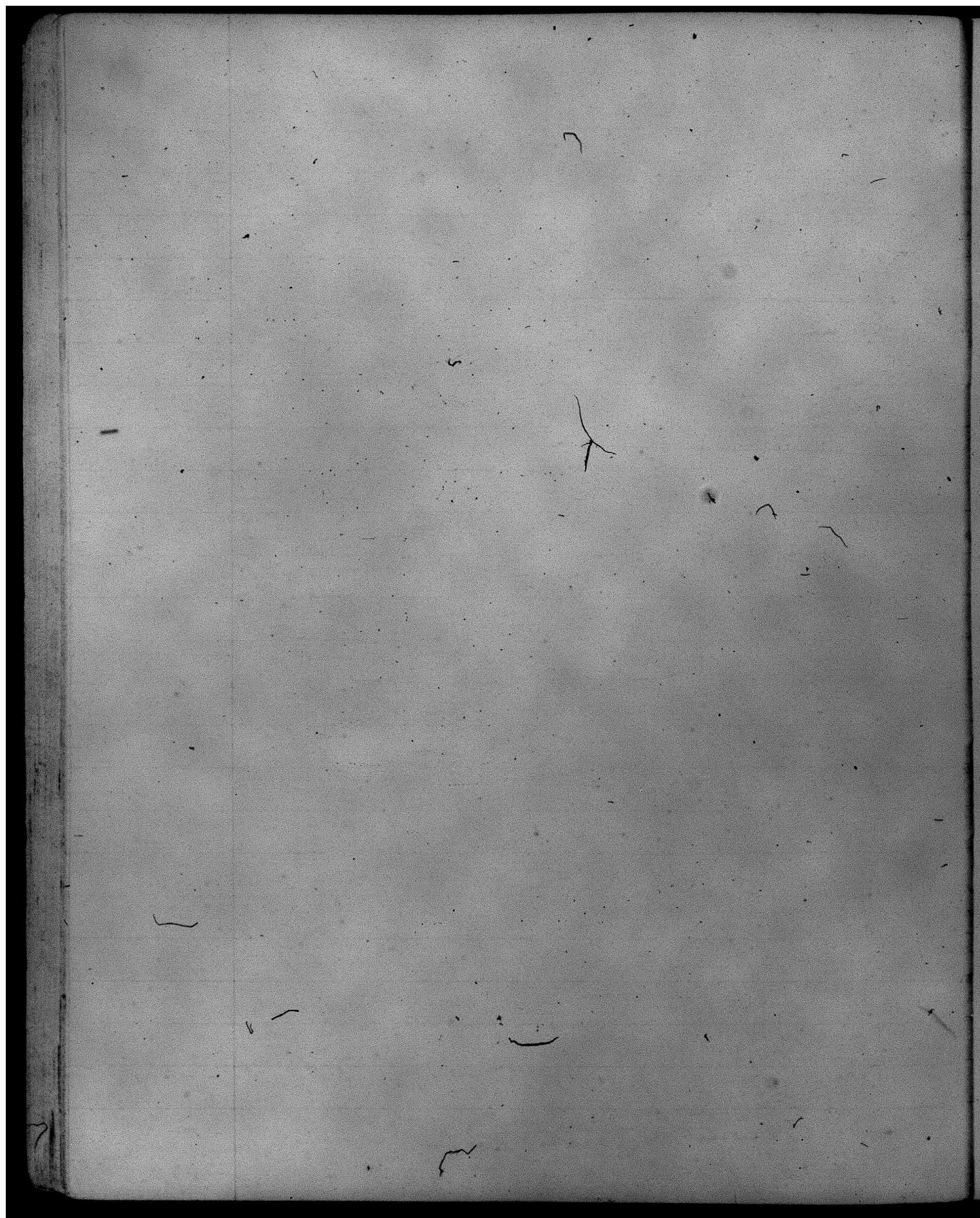
- I don't. But a strong
8:40 I wake up
No cough at first

Total of night 7:30 - 8:40 = 13^h 10

Sleeping 9h. 10 in 7 goes.

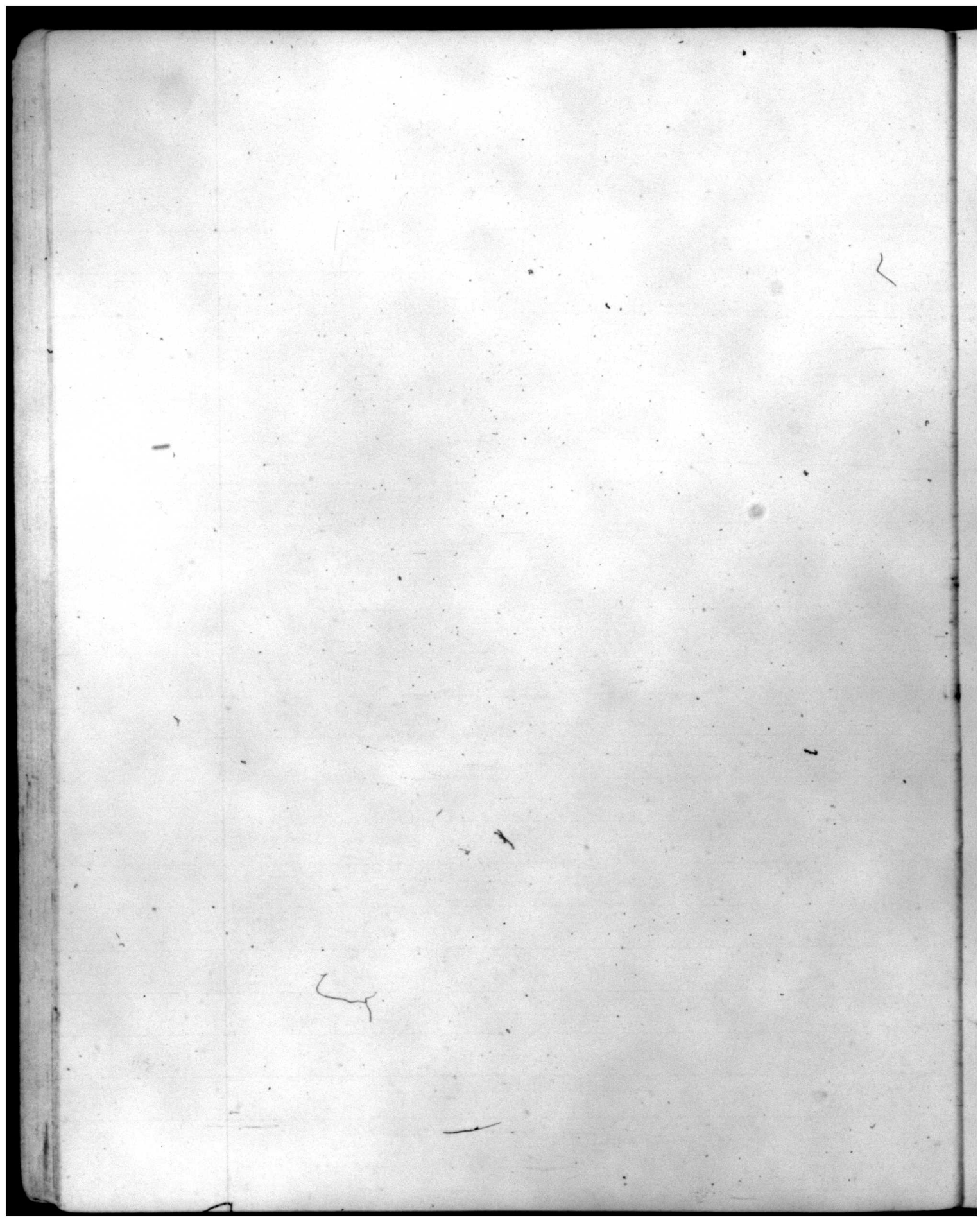
Waking 4h.

1.50 P.M. Having now records of two
normal nights - one without either
heroin or heroin-protection, which means



cramping to vomiting and diarrhoea. (and
nausea, indeed!) until complete
exhaustion gives temporary relief - and
the other without the protection of reserves
of leucin in the system, but with the
resource of doses to cut short the spasms
- I will try a third night with such
protection as may be afforded by the
cautious use of the drug before sleeping
& but no emergency doses in the
spasms, and a fourth comprising the
policy of building up protection during
the day, and using it the drug at
need for the cramp if awakened by it.

I shall thus get a set of 4
pictures of the 4 possible conditions



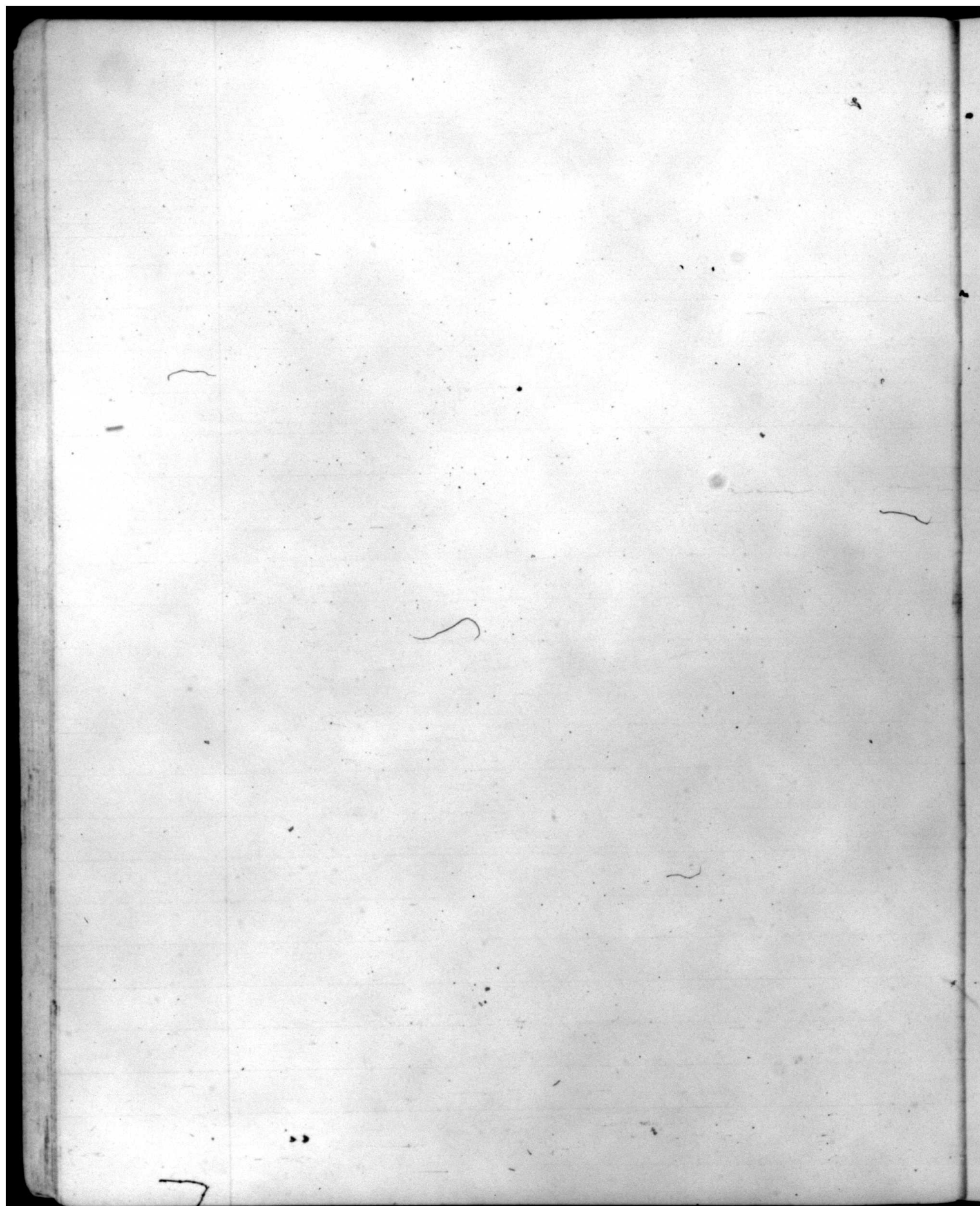
- except that of course the protection
is not likely to be efficient unless built
up carefully & gradually for at least
10 days. ✓

2.0 P.M. I have put aside a reserve of
over 100 pin-sized doses in the
silver-topped bottle, corking it to prevent
waste through leakage in the screw.

I keep some 15-20 doses by me in
a paper fold.

2.10 This A.M. I was very depressed & sleepy
- a trifle dopy - near collapse once
or twice. Would not take in; the
pot in did good.

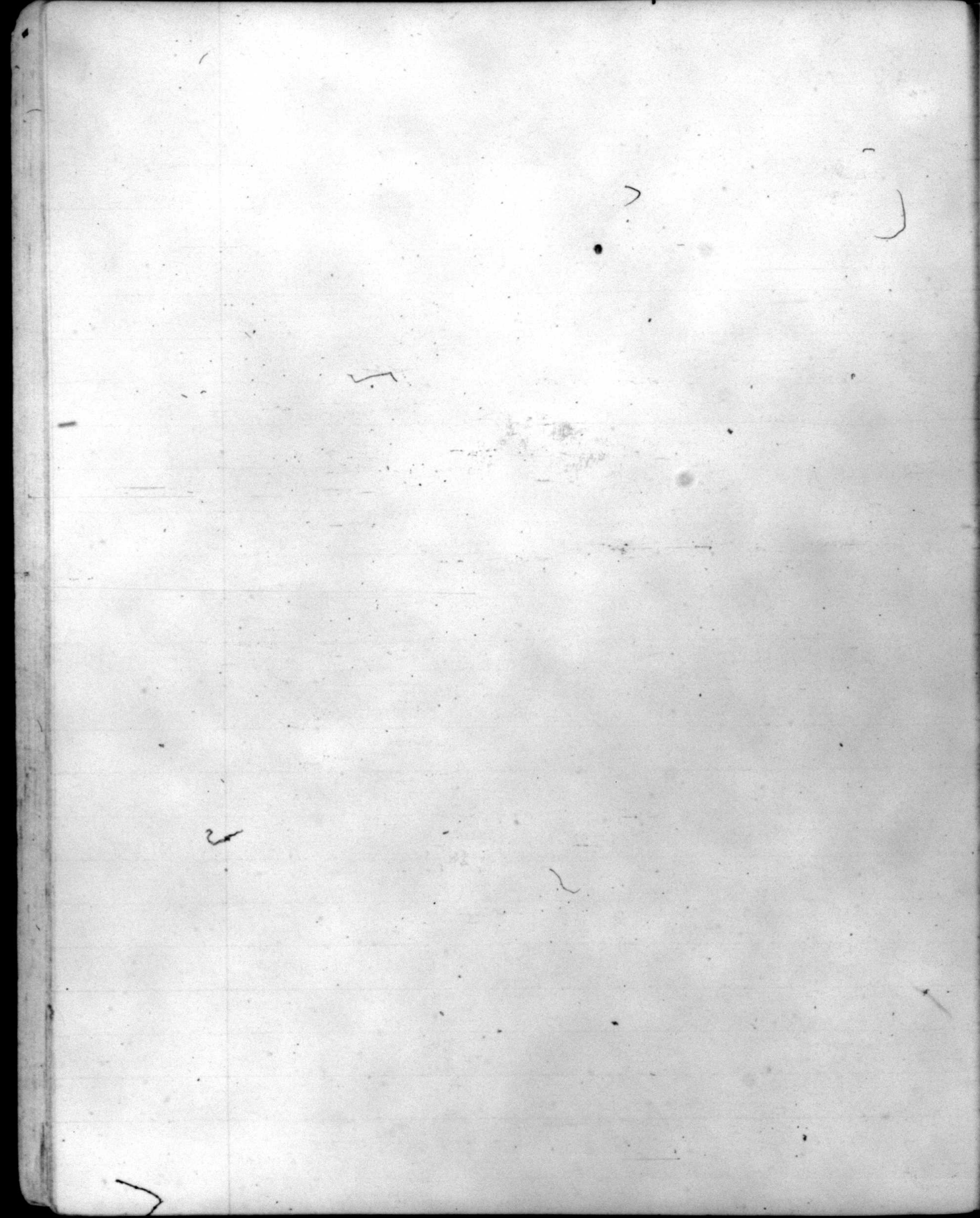
Began to prepare for Third Night at



10 P.M. circa. A nebula die ^{an} ~~an~~; and
another just now. The "swimming" in the head
effect is quite marked.

2.18 The essence of ^{composition (more a poetry)} ~~reading~~ is logical sequence;
- & the greatest books are those in which
the Work of Franke is most clearly
rapidly and beautifully made
manifest.

Ezra Stein, James Joyce, and
similar modern ^{practical} jokes of the Muses
upon would-be "artistically-esthetically
-temperamented" humbugs (Well!
there's no real name for them, with
their boundless ignorance, callousness,
swank, ill manners &c &c &c) do not write at all in my sense of



the word. They are like those who
write filth, religion, politics, & their
private affairs in Latin.

"The Latin school of squatterature"⁴

3.0. a point for careful enquiry. There
is rarely a serious attack of anything
unless on waking. It seems as if
every spell of sleep prepares one; and
the longer the spell, the more furious
the assault. Qy: might some special
posture during sleep avert this. Shavasana?

~~Qy~~ ^{2.11.15} Would P.V. say $\frac{1}{4}$ hour (or as
experience indicated in the course of a
few trials) before sleeping avert
the disaster? What (again) of a full
dose of Belladonna before sleeping
- would it prevent the accumulation
of phlegm?

Summary of
 "Third Night" (H-protection during
 day: none as against coughing spells
 should they occur) ♂-♀ April 1-2

H-protection. [Last dose. Emergency of 5.15 a.m.]
 In each case a 'medium' dose, inclining to 'small'.

1. 1.0 P.M. circa
2. 2.10 P.M.
3. 3.30 P.M.
4. 4.44 P.M.
5. 5.55 P.M.
6. 7.18 P.M.
7. 10.10 P.M.

[4, 5, & 6 to be omitted in
 case general narcotic
 effect appears considerable,
 at moment of proposed dose]

No Belladonna, Laudanum,
 Ether, or other drug to be
 taken, as liable to confuse
 the issue. Exception: N^o 2
 Jarvis' powder (N^o 14 H₂O₂,
 Cygne's Symp. of Ether) in
 case of threatened collapse.

0.45	12-12.45 AM. Sleep
0.20	12.50 - 1.20 "
1.00	1.15 - 2.15 "
1.25	
0.45	2.15 - 2.30 7 mild coughs to expel phlegm
2.30	
2.55	
<u>9.40</u>	2.30 - 3.54 Sleep
	3.59 - 6.56 "
	7.45 - 7.45 "
	7.50 Breakfast
	9.0 - 11.30 circa Sleep.

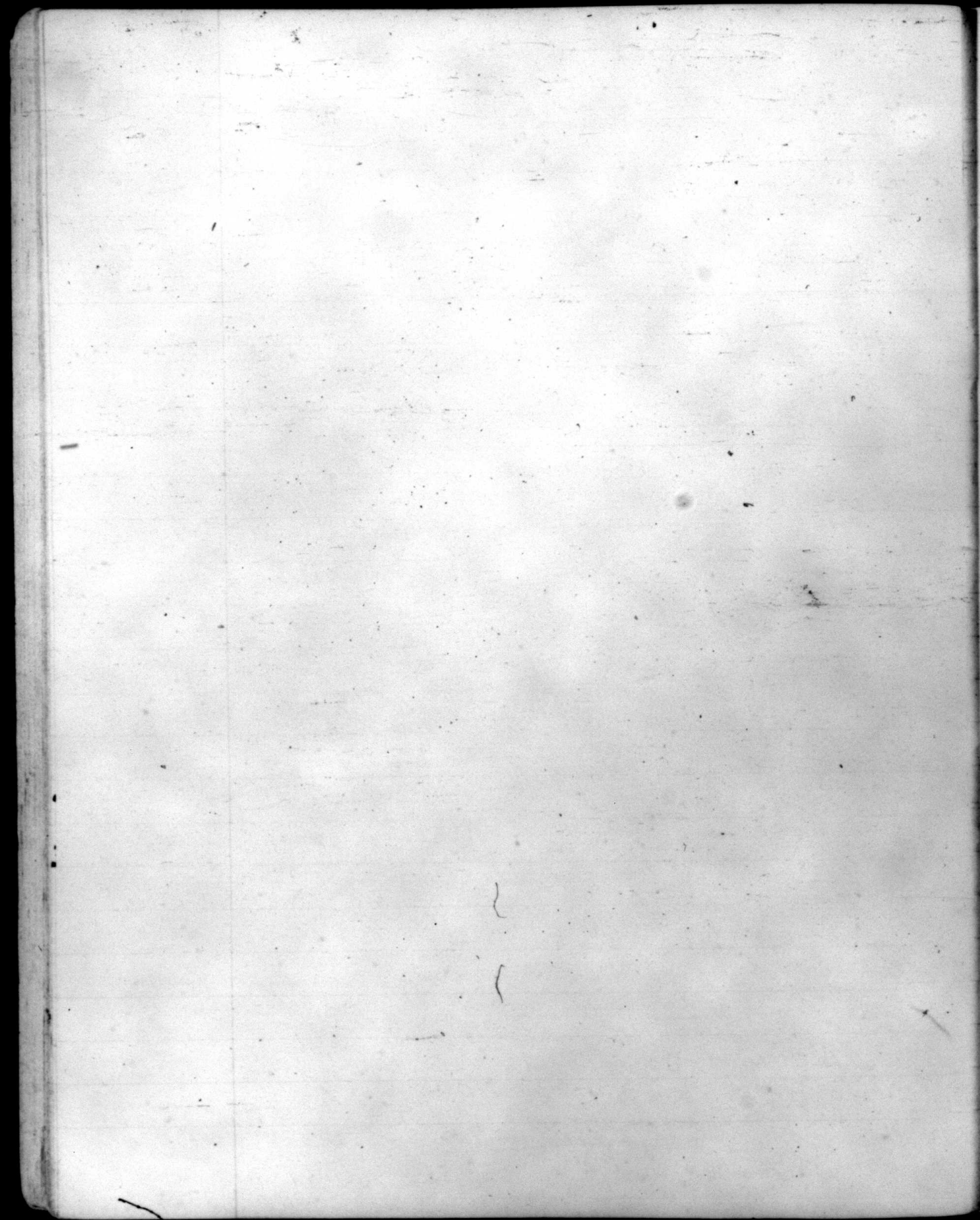
N^o 7 as having been not to feed
 & returning very fagged. Want
 sleep to be natural without
 strain from preparation.

Total 9h 40 in sleep
 (circa) in 7 spells
 Longest 2.55 - against
 2nd night longest 4.15.
 This suggests H literally had
 in continuous sleep.

3.20 P.M.

There is a very noticeable difference in the quality of my consciousness to-day from that singularly clear and "normal" morning when I had (a) cleared out the last reserves of heroin from my system (b) been cured by a night ("in the bosom of the Beloved", à la ~~Alto~~ Shibli Bagarag) of really refreshing sleep, the night of 7-8.

5.40 P.M. The general effect of the H-protection plan has been very notable. The slight "swimming in the head" passed off almost at once. I feel no narcotic symptoms. But I have been mentally most active ever since lunch, writing up these notes, planning all sorts of things, writing to Frank Harris (8 close-composed pages) &c. I feel the strongest possible impulse to get up & go



out to dinner, quite undeterred by reports of the raw cold without, there is also a feeling of great confidence, gaiety — euphoria? — I suppose so. Yet no! there is more of it than that. The Gods are really hard at work upon their new-born child, hepten on that wretched statue! (Liba VII. ^{Ch. III} 49-52 ^{Ch. III} 1-8)

6.6 Plan for a "Fifth Night".

(Not a H-tertainment — ugh! how can you?) Take 10-minute doses of Tincture of Belladonna during the day: perhaps 5 in all. Push it, in fact, to its full physiological limit — get some flushing & excitement. Wind up with 15 drops; possibly, encourage sleep with Paralaral

7.18 ^{7.18} ^{7.18} Hope Johnstone has been in to say Fare Well, off to Dui and a Distinct in

5-

in the morning.

He kindly - he is constant kindness -
called on Dr. Jarvis this afternoon.

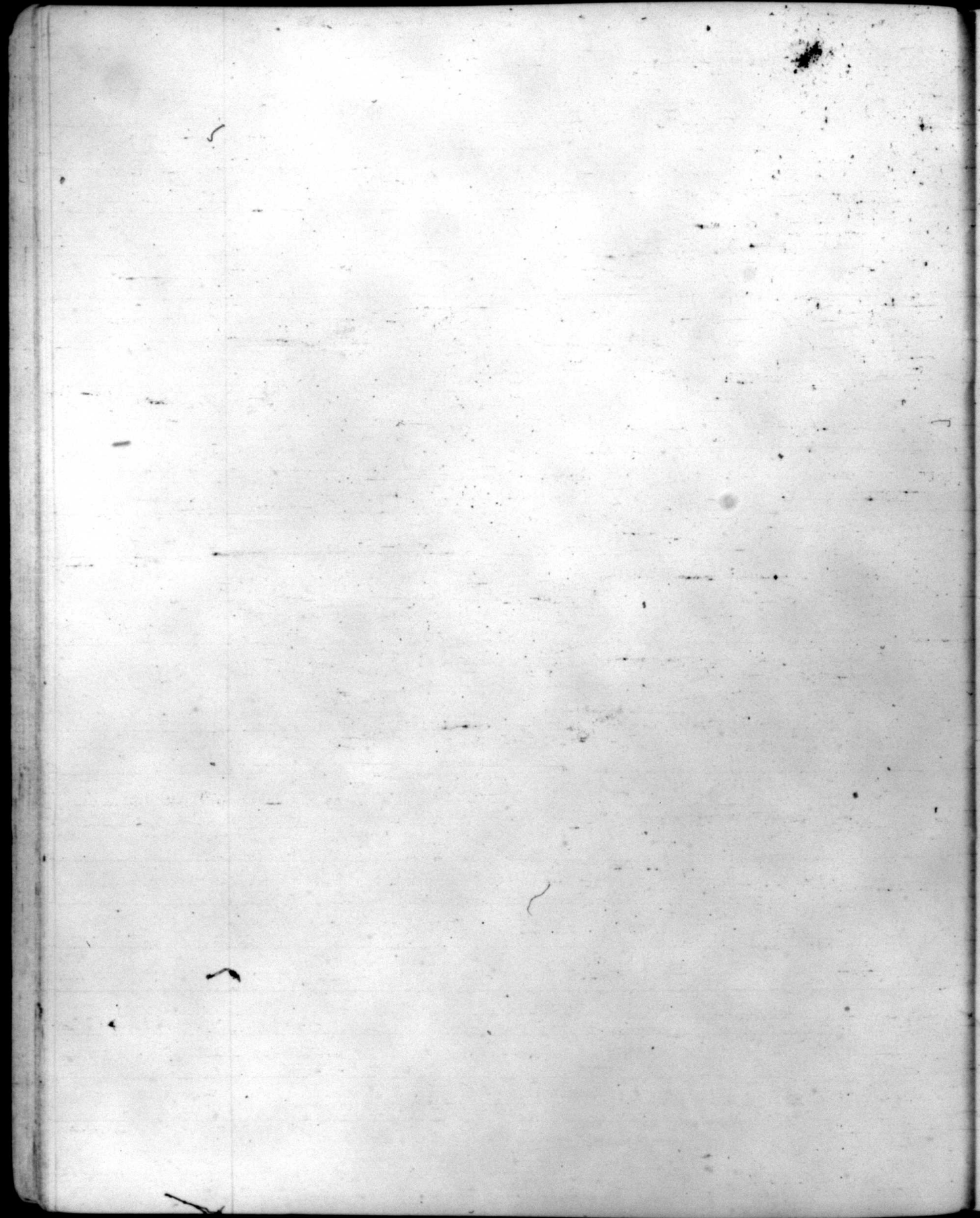
The obstinate blockhead could merely
echo poor helpless Dr. Robinson's
"Hopeless! Hopeless!"

What a success they should be in
Vanderbilt! ~~the~~

"Les Poires sans Espoir!"

But it does me immense good
morally to be considered a liar
and a slave. It is more than well up
to me to knock the medical theories
of these ~~worth~~ Ant Selly blockheads
into the wheel bar of a Preliminary
Field-Marshal!

10.10 P.M. ~~the~~ Bath from dinner & farewell
offering of Rosa Mundi with miscellanea
and ^{AL} verses from 667 & self. The poor lad
is off to Brindley to-morrow morning to



propose to a violinist half his eye
who supports a widowed mother - a French
housewife "plus Gorgone que Meduse."
And he has no money! Perhaps he
will lend & help him

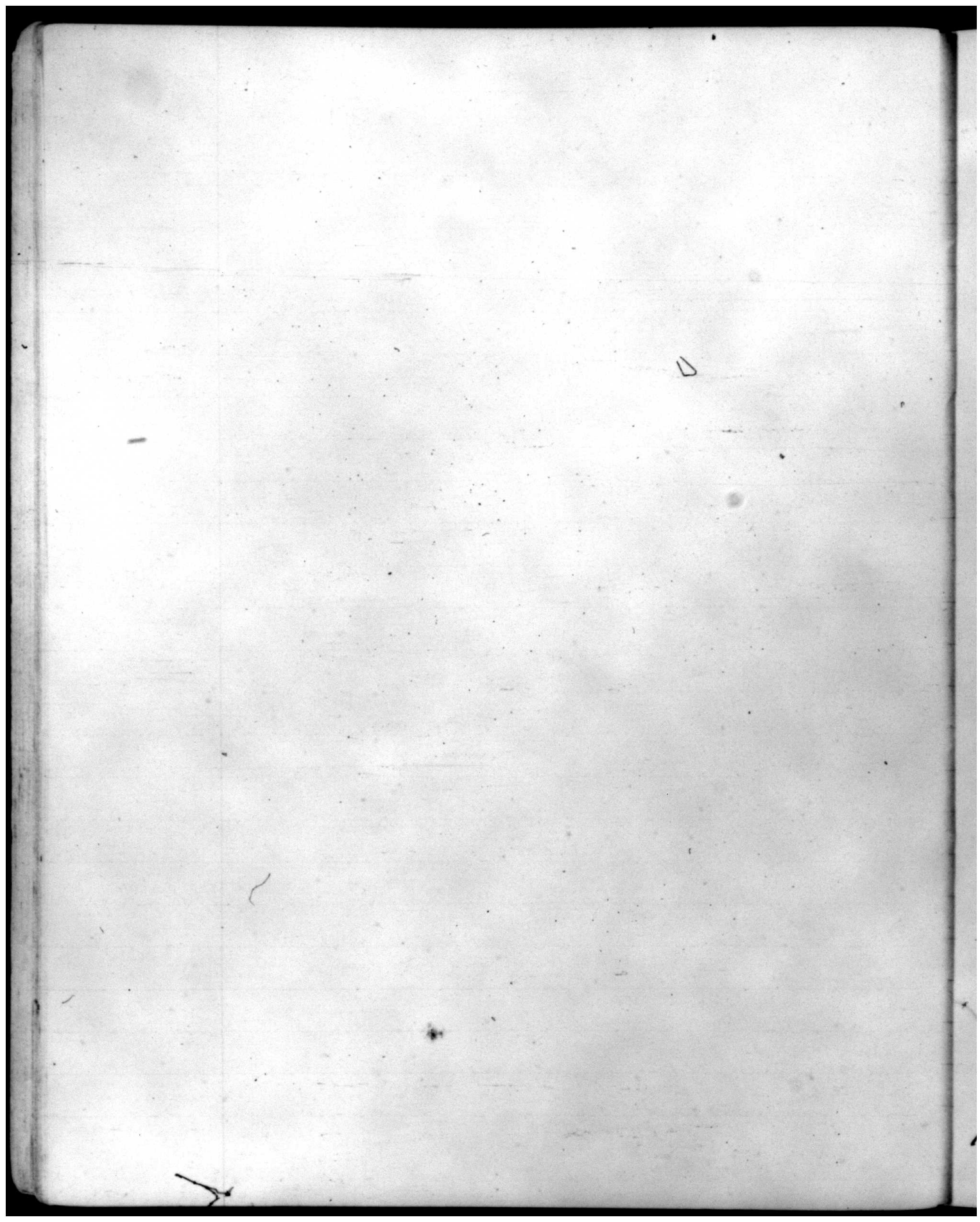
11-25 Feel very sleepy. Lights out 11:30.

12:00 die Hail into Khephra!

Die +
eye 2nd Abstract has a little cough - it
kept me awake by its agitation.

Also she has another little thing
- which kept me awake too by
a similar method

The beastly thing had got hold
of By-Lines' King Kong
which had started to push about
rashly



Li

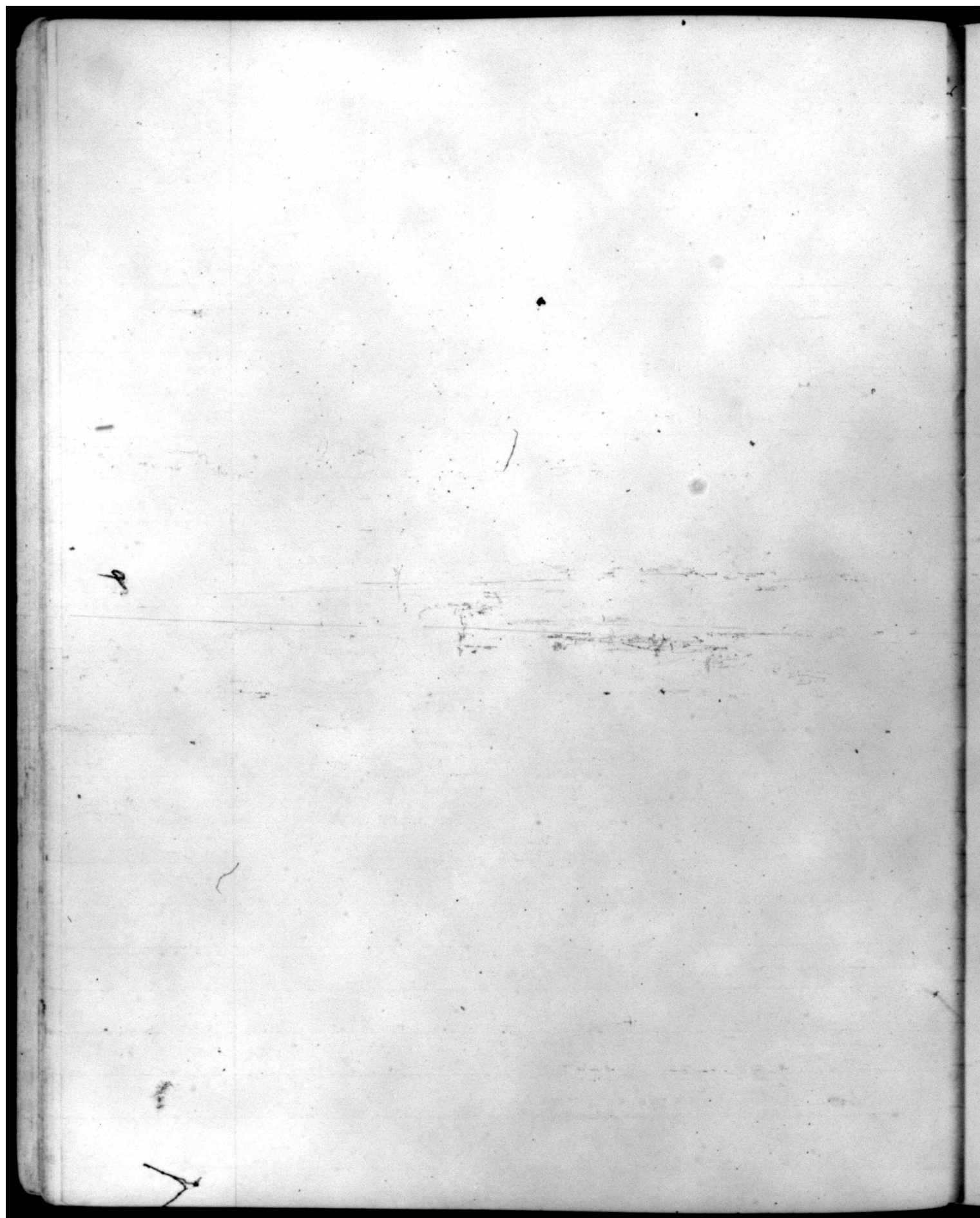
12:50 AM. Must have slept practically at
once - within a few minutes of midnight.

Leah, reflexly moving and coughing
in her sleep, woke me. (But note
that my first spell of sleep is often
about $\frac{3}{4}$ hr.)

I have a burning sensation in the
throat, and a desire (? physical
memory mostly?) to cough, but
I do not cough. Other nights have
been marked by coughing almost
before conscious. Now 12:58 I am
already falling asleep on the
record.

~~12:50~~ AM. Woke again, perfectly calm

1-10



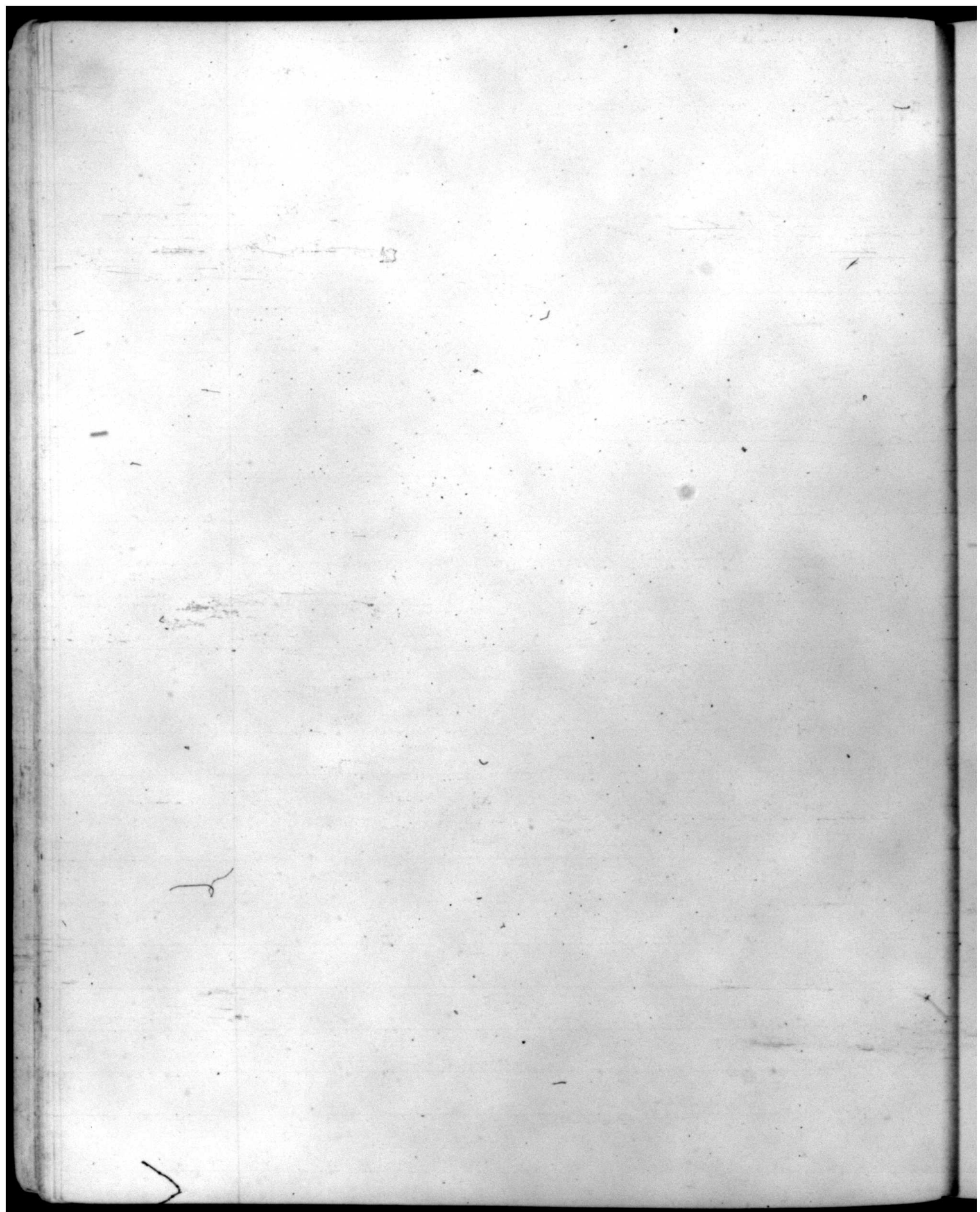
physically, but as twisted (cf the
previous night's clame) at the dark.
I called aloud "Who turned that? It
out?"

2.15 "Awake again! This is absurd!"

I am annoyed by the scientific need
to record this. Also I doubted if I
had been really asleep, there having
been a flow of very pleasant-enthusiastic
thought.

This is a very strong humming feeling,
definitely localized in throat; this
intensity $\frac{2}{3}$ mild goes of anything.

No talk not quite here: humming more



causes a shud.

Thirsty.

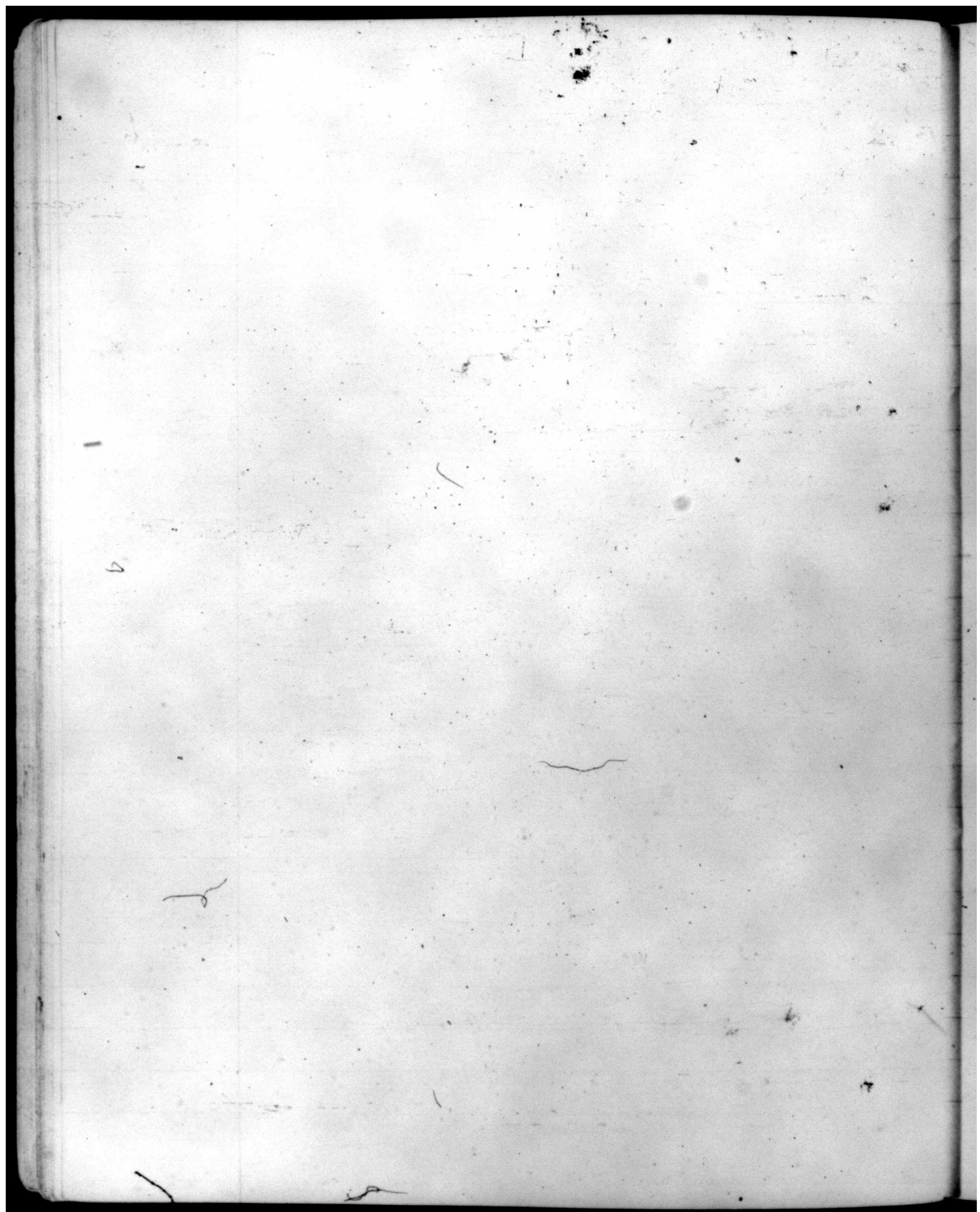
Merely being awake (so it seems) starts a
4th cough, very slight indeed.

2.25 Yes - and a 5th 6th & 7th

There is, definitely, phlegm to
expel.

Not so ready to sleep again at
once, either. Took potum 2.30.

3.54 Wake at ease from stretching and
very pleasant dream. Voyage among
superstitious tribes. I have done
something against which I have been
warned (this several times; I always
fall into a means of showing



my mastery. Final point puzzles me:
can't think of way to bluff comment.

This wakes me, 1 1/2 hours.

Sleepy. Pristly.

6.53 Awake - dry mouth - no cough - thirsty

7.45 Slept again at me, evidently.
Woke now - as 6.53; but slight
cough, require to do some pleqns

11.40 Bretha at 8 aica: slept again off & on
ill near 11.30.

3 min before noon for "Fourth Night"
This to be all, save possibly one more,
near sleeping-time, or in emergency.

Summary of
"Fourth Night"

[H-protection during day: also in case of emergency during night. 4-24 April 2-3]

H-protection.

1. 2. 3. Just before noon
4. 3.15 (Cough & collapse)
5. 5.50 (Time determined by need to circulate mind)
6. 9.20 (Immediately before "lights out")
2 hours ago

[Note. Very depressed in A.M. Partly H-reaction: partly active worry: partly weather-effect]

Sleep. 12.0 - 1.0 AM woke with cough no

Woke till 4.15 no as hypnotic.

Sleep 4.15 - 8.30

" 9 11.30

Total $1 + 4\frac{1}{2} + 2\frac{1}{2} = 8\frac{1}{2}$ h in all.

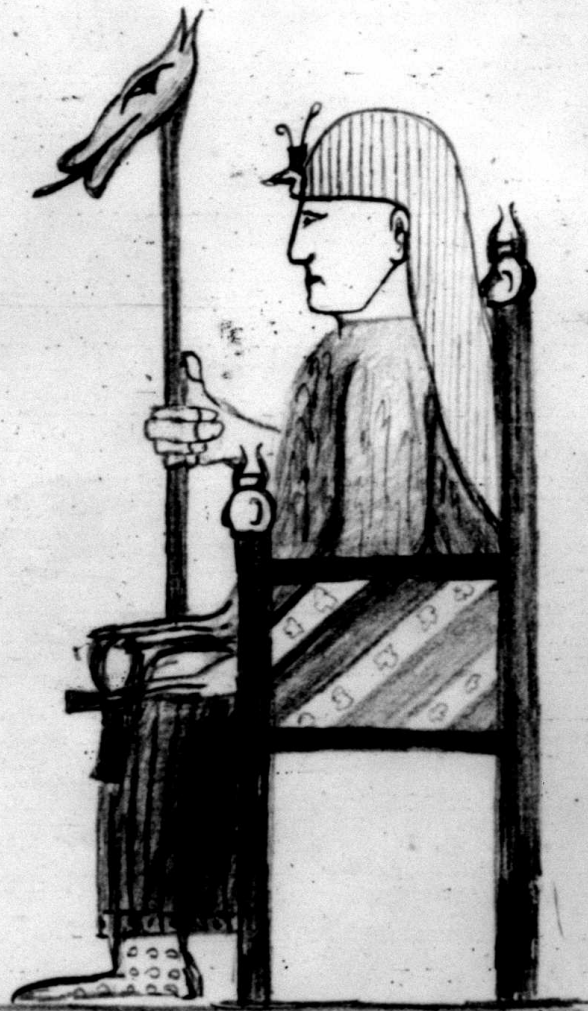
(Dozed again after lunch, making this $9\frac{1}{2}$ - 10 h.)

Between daytime dozing collapse followed collapse; being without prospect of general relief there was really no option but to go on with minimum doses at greatest intervals possible. The utter absence of all prospect of help kills the spirit of resistance.

In case I am forced to adopt the
"protection" policy, it is important to
find the minimum daily dose, and the
best times for using it.

Yesterday's 7 goes well very thoroughly.
Efficient as protection - I thought it quite
impossible to throw up an entrenchment in
one day. But the other effects have been
decidedly pernicious. My real normal wakeful-
ness is incompatible with the H-vigil state
in any form.

3.15 Continuation in emergency. I took some L - very
foully - after lunch. Cough & collapse
seemed imminent. The general
conditions of life at present are really
too bad. Unless I get fresh air, good &
varied food, etc, I cannot possibly



pick up - it's unreasonable to expect
it - 1x^o would be the best chance, but
somehow I don't feel as if it would be
applicable, unless done by, quite
outside (people) the intimate circle
and that spontaneously, from loyalty,
and with the best confidence of youth
and affection.

I suspect the bronchitis, by the way, of
being to a great extent a function
of the nervous exhaustion.

5.50 - No 5. (chiefly to concentrate in emergency
measures as to valuable books + pictures
at Cephalia)

7.30 Notes for "Fifth Night" No 4 - protection
during day: no L or M. Confront reaction -
and withdrawal - symptoms with Conage, KBr,
Cardinal, Potash; or, in grave emergency, Eth₂O.

pick up - it's unreasonable to expect
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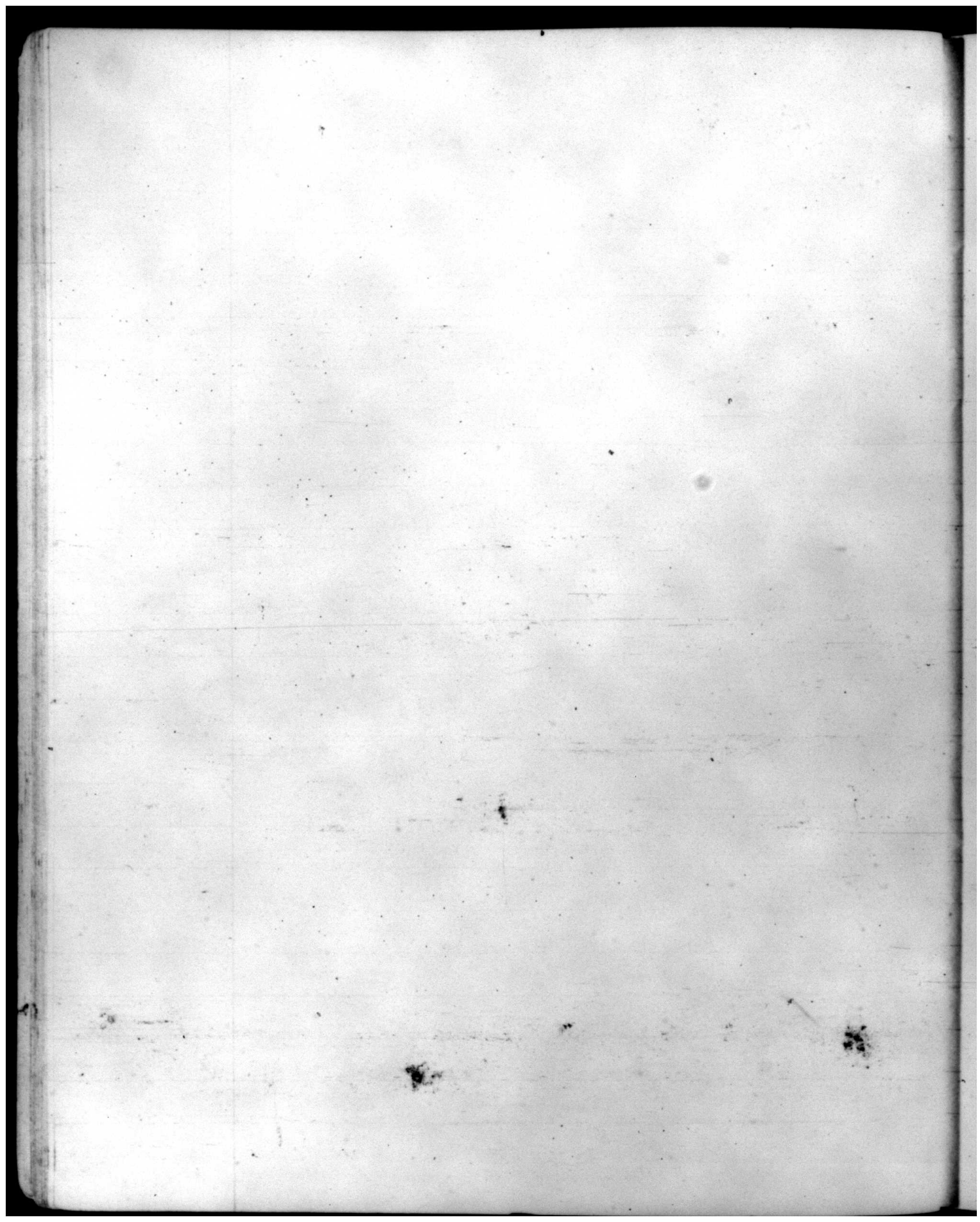
)

7⁴⁰ P.M. My deep depression this morning is partly to be explained by weather, partly by active work, partly by reaction from over-excitement caused by return to H. and spasm of work, going out etc., in accordance therewith.

But its deepest cause was consideration of the evidence of the night's sleep. I deduced that H. was more efficient as a prophylactic than as a therapeutic. That seemed to me almost equivalent to condemning me for life to the regular as opposed to the emergency use of the drug.

Shaken by this conclusion, I began to resent the day's programme. The carrying out of the extremely well-devised plan of the clinical pictures of the four nights.

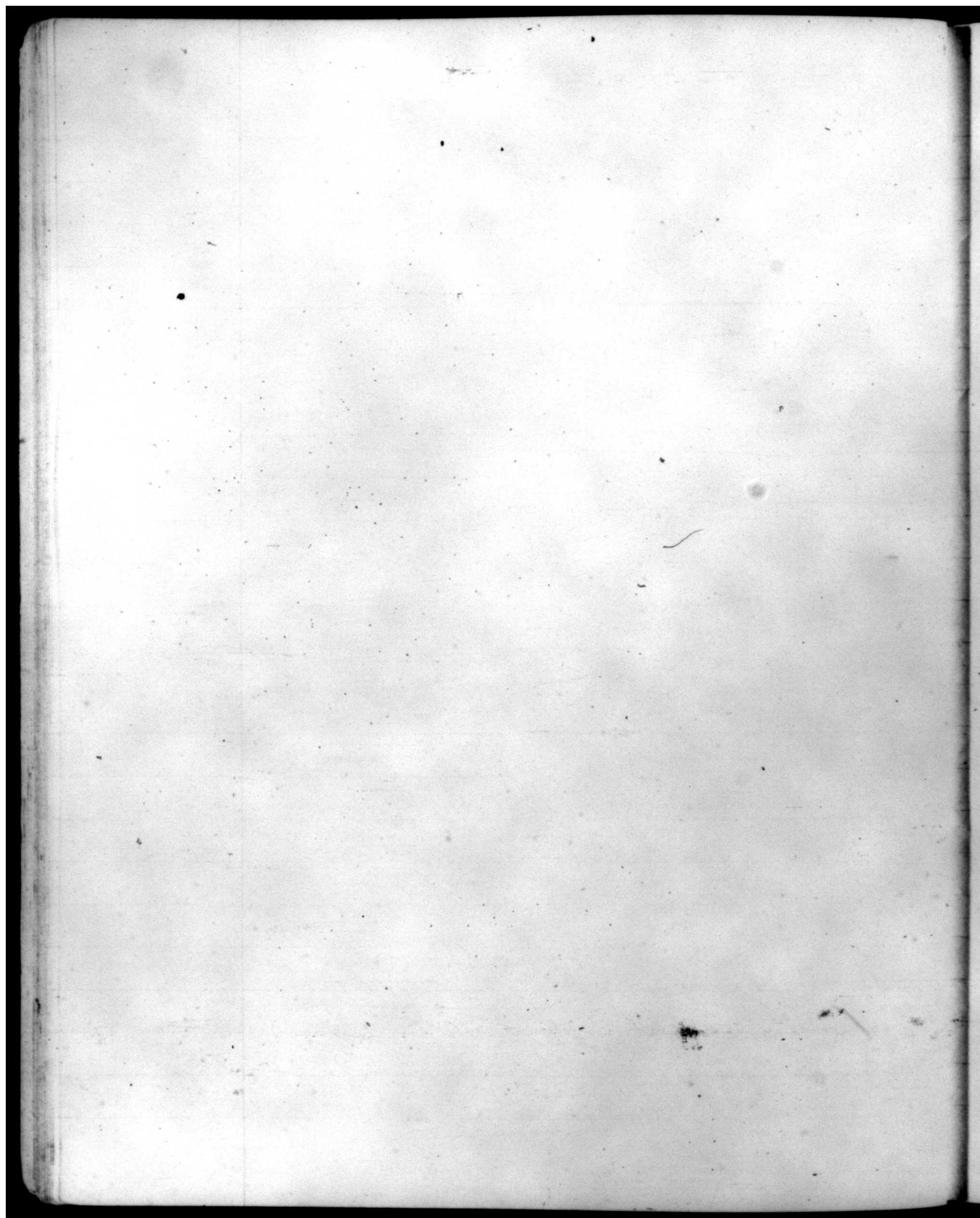
Instead of sticking calmly to the policy previously laid down, I was tempted to swear off hysterically. I hastily argued that I had already sufficient evidence. The result was that my mind became entirely unstable;



I changed it back again suddenly, and took 3 doses before lunch without any clear idea of plan.

All this agitation increased my depression; the H exercised an almost wholly soporific action, tho I had slept much better than on the previous night. I dozed off yet again after lunch to wake in alarm with a threat of a spasm of coughing & of collapse at the same moment. I took some "potion", found it quite ineffective in the agitated state, & flew to my fourth dose at a quite proper time & as per programme, but yet with a quite clear sense of doing wrong.

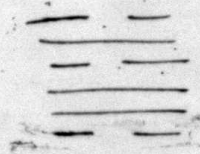
I have gone into this at some length because I judge it of extreme importance to show in detail the utterly pernicious effect of losing one's presence of mind. The whole rotten cycle sprang from fear of the drug. I had completely lost sight of the facts of the case, past success, and



everything else, and was simply stamped into 'irregular' actions. This is always bad whether any given act is in itself right or wrong.

I severely blame the S.W. for having done her utmost to please me. (Bloody bells - of course that was my idea! 31-666-31)

8 P.M. Let the Gods enlighten us as to the policy which they will us to pursue in our consecrated ~~mission~~ functions as The Beast and the S.W.?

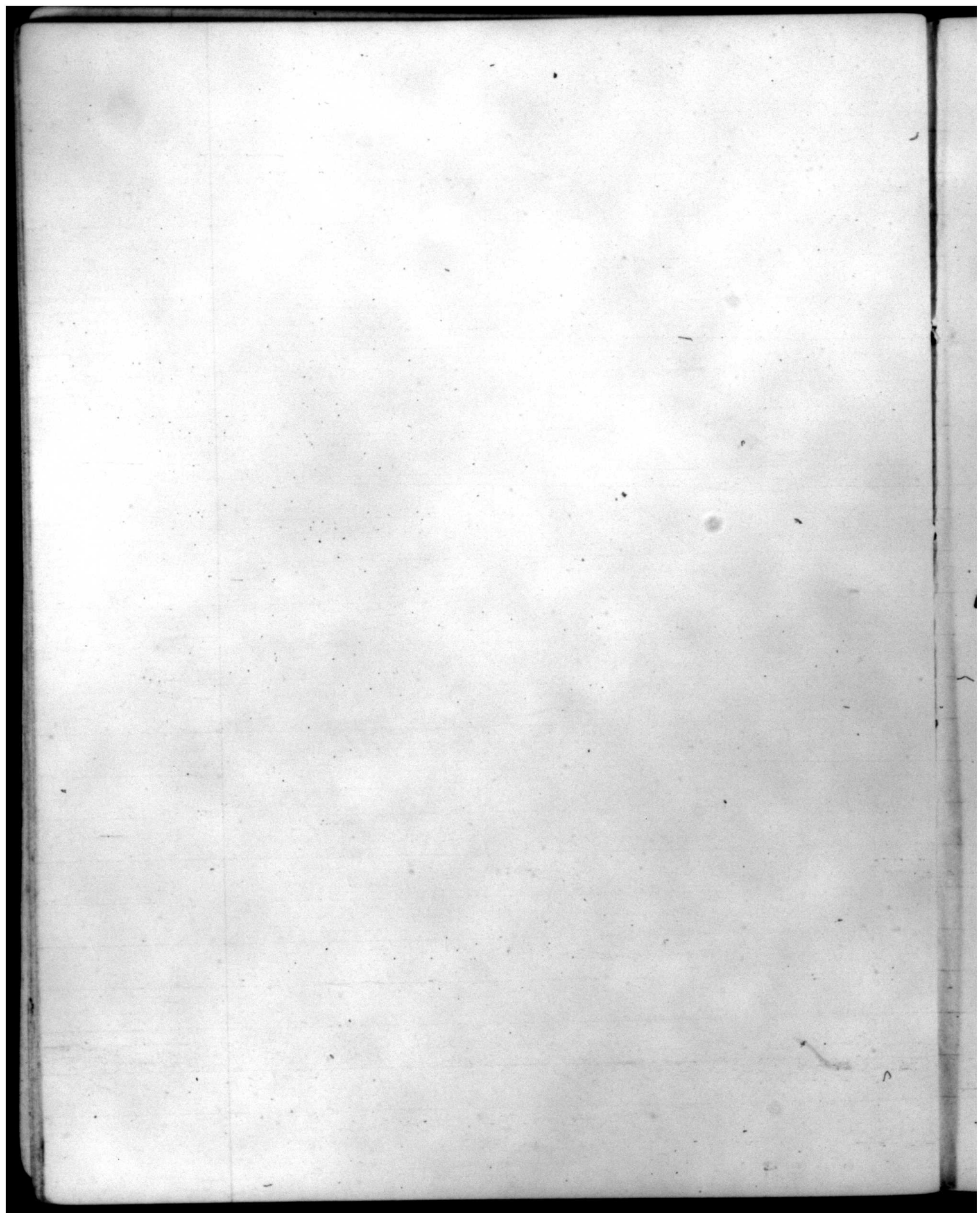


No. XLVIII 3ING

U of A
A well.

Answer - Purify your hearts. Stop up all leaks of energy. Use every faculty to the full. Lay down right principles of action. Obtain refreshment from your energy itself. Manifest your sincerity.

The Thwan - compare AL-II-58 and other passages. We should freely receive + freely give. It is important not to start things that we can't finish.



9.20 Be final in (Easier rather than later, to improve
chance of, long sleep)

10.20 Write Eddie to watch Ned's mind for
signs of religious mania.

11.0 Feel well, rested, interested. But am
still irritable and excited from the
events of the day - see entry 7.40 P.M.
Not sleepy, as I was last night. No feeling
of narcosis.

die 4 12.0] Mail into Khephaw!

1.9 a.m. Woke suddenly with some cough and
alarm (both exaggerated by the famous
movie star next doorway!) from a
state of distinct H-hunger in which
I worried "Have I slept a no?"

Big-^{90th} not essential. But I want to know
if I can get a solid spell of say 6 hrs
sleep thereby.

9.20 Be final in (Earlier rather than later, to improve
chance of, long sleep)

10.20 Write Eddie to watch Budd's mind for
signs of religious mania.

11.0 Feel well, rested, interested. But am
still irritable and agitated from the
events of the day - see entry 7.40 P.M.
Not sleepy, as I was last night. No feeling
of narcosis.

die 4 12.0] Mail into Khephaw.

1.9 a.m. Woke suddenly with some cough and
alarm (both exacerbated by the tension)

9.20 He found me (Earlier rather than later, to improve
chance of, long sleep)

10.20 Write Eddie to watch Maddas mind for
signs of religious mania.

11.0 Feel well, rested, interested. But am
still irritable and agitated from the
events of the day - see entry 7.40 P.M.
Not sleepy, as I was last night. No feeling
of narcosis.

die 4 12.0] Mail into Kheph Res.

1.9 a.m. Woke suddenly with some cough and
alarm (both exaggerated by the summons

9.20 Be final in (earlier rather than later, to improve
chance of being sleep)

10.20 Write Eddie to watch Kheper's mouth for
signs of religious mania.

11.0 Feel well, rested, interested. But am
still irritable and agitated from the
events of the day - see entry 7.40 P.M.
Not sleepy, as I was last night. No feeling
of narcosis.

die 4 12.0] Mail into Kheper!

1.9 a.m. Woke suddenly with some cough and
alarm (both exaggerated by the furious
noise that must have been!) from a
state of distinct H-hunger in which
I worried "Have I slept a no?"

Prig-^{9th} me not essential. But I want to know
if I can get a solid spell of say 6 hrs
sleep thereby.

O.: de Paris.

An de la Vraie Lumière
ooo . ooo . ooo

T.: C.: F.:

Fais ce que veux

Permettez-moi de vous présenter

mon jeune collègue

Antonio Talabani

étudiant à l'Université

de Palerme, ~~et~~ persécuté et chassé

par ses parents, Papejets bigots

ignorants et enragés, pour sa

belle doctrine à la Science et

aux idées de la Liberté et de la

Justice et du Droit humain

Vous serez heureux à la Fraternelle

de l'aider à trouver quelque travail

conforme à son esprit et à ses talents,

et aussi de le faire recevoir parmi

nos bons frères au moment que vous jugerez propice.

Salut

T.: C.: F.:

~~M. D. V. S. S. S.~~

a. c.

Patience Grand Admis à la Société

de la Société aux Primitifs Républicains
2 rue de Paris.

O.: de Paris.

An de la Vraie Lumière
ooo . ooo . ooo

T.: C.: F.:

Fais ce que veux

Permettez-moi de vous présenter

mon jeune collègue

Antonio Talabini

étudiant à

l'Université

de Palerme, ~~est~~ persécuté et chassé

par ses parents, Papejets bigots

ignorants et enragés, pour sa

belle doctrine à la Science et

aux idées de la Liberté et de la

Justice et du Droit humain

Vous serez heureux à la Fraternelle

en l'aidant à trouver quelque travail

conforme à son esprit et à ses talents,

et aussi en le faisant recevoir parmi

nos bons frères au moment que vous jugerez propice.

Salut

T.: C.: F.:

~~M. M. D. V. L. S. S. S. S.~~

a. c.

Patriarche Grand Admireur de la Grande

de la République de Paris.

2 rue de la Harpe Paris.

O.: de Paris.

An de la République
000.000.000

T.: C.: F.:

Fait ce que veut

Phillips permettez me j'e vous prie

mon jeune collègue

entre Talbot

étudiant à l'Université

de Palerne, ~~est~~ persécuté et chassé

par ses parents, Papeyots bijots

ignorants et enragés, pour sa

belle doctrine à la Science et

aux idées de la Liberté et de la

Justice et du Droit-humain

Vous serez heureux à la Philanthropie

en l'aidant à trouver quelque bon travail
empouvable à son esprit et à ses talents,

et ainsi le faisent recevoir parmi
nos bons frères au moment que vous / y serez propre.

Salut

T. C. F.

~~A. N. D. V. S. S.~~

a.c. Patriarche Grand administrateur Général
of the ancient and primitive Rite.
21th of Paris.

1.20 a.m. Sleep driven away. I must to help
Actus Sabatini in Tunis.

Perfectly at ease, & strongly tempted
to repeat dose in order to get some
Work done. ("Punitan" complex, my
most dangerous foe!)

1.35. I said "Belama needs a Paul"

Is O.P.V. the "answer to prayer"?

The Gods help Man!

But he has known the Master; and
~~will~~ "know and destroy the tentacles". I will
purge him of the glaucous spirit of gloating
or "dile agony", the fanatical intolerance
which makes him blaspheme me in
the most infamous manner against my
sense of Justice and Kindness.

2.0. Will try once more to sleep.

most dangerous foe!)

1.35. I said "Helena needs a Pa

1) O.P.V. the "answer to prayer"

The Gods help Man!

But he has known the Master; a

~~will~~ know and destroy the traitors

purge him of the glibest spirit

or "dial agency", the fanatical

which makes him blasphemous

the most infamous ravings of

sense of Justice and kindness

2.0 Will try once more to sleep.

1.20 a.m. Sleep driven away. I must to help
Actus Sabatini in Tunis.

Perfectly at ease, & strongly tempted
to repeat dose in order to get some
Work done. ("Punitan" complex, my
most dangerous foe!)

1.35. I said "Belana needs a Paul"

Is O.P.V. the "answer to prayer"?

The Gods help Man!

But he has known the Master; and I
~~will~~ "know and destroy the traitors". I will
purge him of the ghastly spirit of gloating
as "dile agony", the fanatical intemperance
which makes him blaspheme me in
the most infamous ravings against my
sense of justice and kindness.

2.0 Will try once more to sleep.

P.S. - anything I can do for you here, a Model in London - don't
hesitate to regard us as your agents. He is young, enthusiastic & so
tempted to be practical; you must allow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of impotence.

Frank Harris
Apr. 4

yr letter - card just to hand. I'm
glad, in a way, that you have given
up the idea of beating Cohen at his
own dirty game - but squares with
the recommendation of my last letter.

But - oh not correspondents' ink!
Nothing but the very best and noblest!
The inspiration will come to you, as I said,
a more fully apprehension of my "Magical
Attitude". I prophesy without one
qualm that the moment you act on
this principle whole-heartedly you
will be swept without effort on your
part into a stupendous success such
as you have never known in your
life.

With my utmost devotion and
best wishes.

Frank Harris

Apr. 4

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The recommendation of my last letter.

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this principle whole-heartedly you

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With my utmost devotion and
all best wishes

The recommendation of my last letter.

But - oh art correspondents' work!

Nothing but the very best and noblest!

The inspiration will come to you, as I said,

on your fully apprehension of my Mystical

Attitude. I prophesy without me

qualm that the moment you act on

this principle whole-heartedly you

will be swept without effort on your

part into a stupendous success such

as you have never known in your

life.

With my utmost devotion and
all best wishes

P.S. - Anything I can do for you here, a Model in London - don't
hesitate to regard us as your agents. He is young, enthusiastic & so
tempted to be impractical; you must allow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of impotence

Frederic Harris
Apr 4

your letter - could just
Sgd, in a way, the
up the idea of best
can do's same - An
The recommendation of
But - it not can
Nothing but the very
The inscription will
a fine study, especially
at trade. 1/2 people
system that the in
this principle what
will be profit with
part into a 1/2 year
so you have more
life.

5/23 99 W.H.K. my

P.S. & anything I can do for you here, a Model in London - don't
hesitate to regard us as your agents. He is young, enthusiastic & so
tempted to be fanatical; you must allow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of impotence

Frank Harris
Apr. 4

your letter - could just
S.B.L. in a way, the
up the idea of direct
our duties same - the
the recommendation of
that - do not care
Nothing but the very
the impression of
a very shabby application
at stake. I suppose
understand that the
that's punishable what
will be the result with
part into a 1/2 price
so you have never
life.
513 999 W. 11th Ave

P.S. - Anything I can do for you has, a Model in London - don't
hesitate to regard us as your agents. He is young, enthusiastic & so
tempted to be impractical; you must allow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of impotence

Frederic Harris

Apr 4

your letter - could just
speak, in a way, the
up the idea of first
can do's same - An
The recommendation of
- that - it not can
Nothing but the very
he in position will
a more shrewdly applicable
At trade. 1 people
I believe that the
this principle which
will be most effective
part into a 1/2 per
as you have never
life.

5/23/97 W.H.K. may

P.S. - Anything I can do for you here, a Model in London - don't
hesitate to regard us as your agents. He is young, enthusiastic & so
tempted to be sentimental; you must allow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of impotence

Frederic Harris

Apr 4

your letter - could just
send, in a way, the
up the idea of first
our duties same - An
the recommendation of
But - do not see
Nothing but the very
he in question will
a your fully apprehend
at trade. I propose
something that the
this principle what
will be most with
part into a paper
so you have never
life.

1839 999 W. H. H. H. H.

P.S. - anything I can do for you here, a Guild in London - don't
hesitate to regard us as your agents. He is young, enthusiastic & so
tempted to be impractical; you must allow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of ignorance

Frank Harris
Apr. 4

your letter - card just
sent, in a way, threw
up the idea of heart
and duty game - the
the recommendation of
But - do not cry
Nothing but the very
The inspiration will
a more fully apprehend
Attitude. I prophesy
equality. That the
this principle which
will be swept into
part into a shape
as you have never
life.

With my
yours

P.S. - anything I can do for you here, a child in London - don't
hesitate to regard us as your agents. He is young, uneducated & so
tempted to be practical; I must follow for that. But he has a most
brilliant mind and will be invaluable as soon as he is out of his
present state of imbecility

Frank Harris
Apr. 4

yr letter - card just to hand. I'm
sdd, in a way, that you have given
up the idea of beating Cohen at his
own dirty game - that squares with
the recommendation of my last letter.

But - oh not correspondents' work!
Nothing but the very highest and noblest!
The inspiration will come to you, as I said,
in your fully apprehension of my Mayoral
Attitude. I prophesy without one
qualm that the moment you act on
this principle whole-heartedly you
will be swept without effort on your
part into a stupendous success such
as you have never known in your
life.

Yours truly
With my utmost devotion and
affectionate wishes

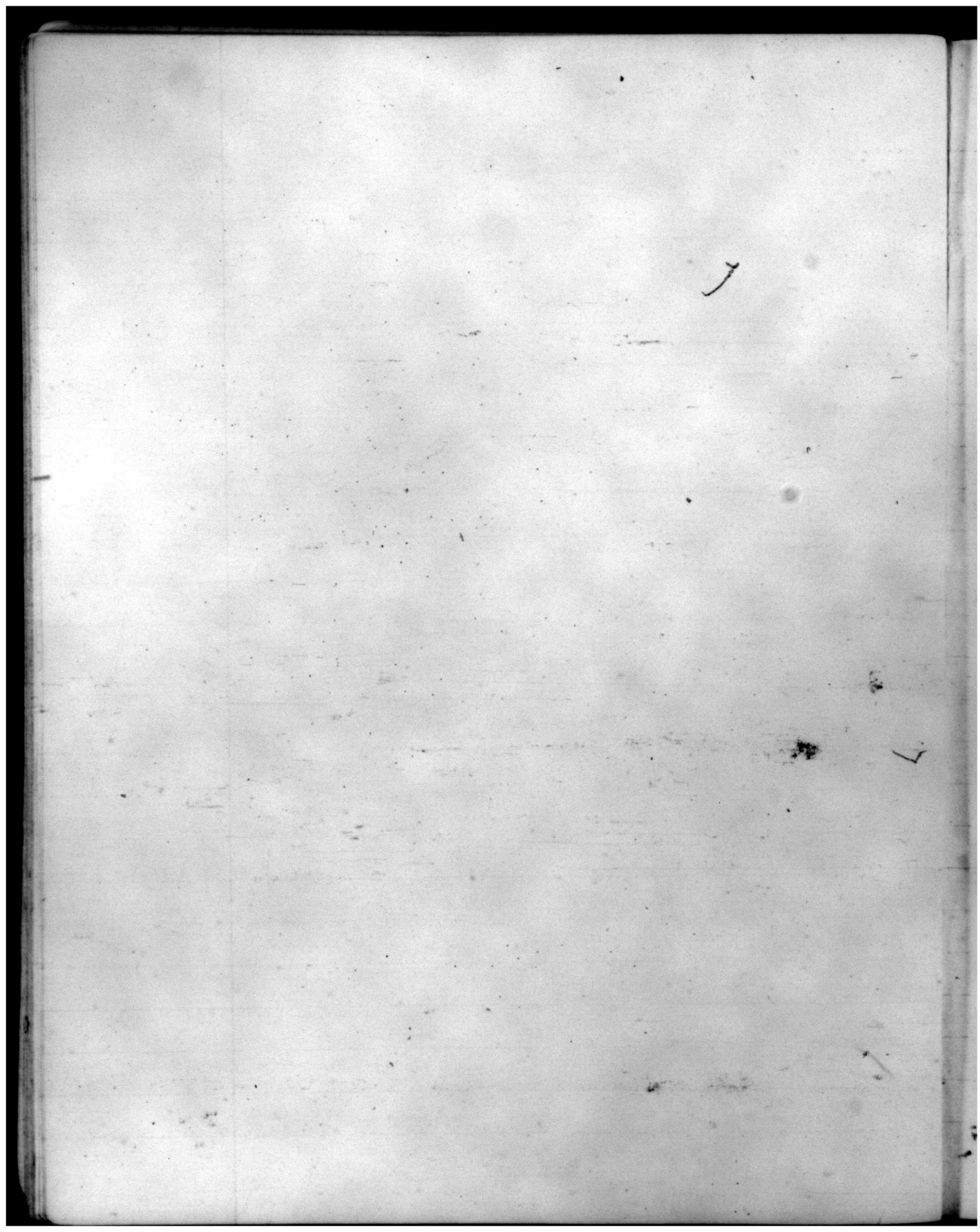
3.25. No sleep.

Clearly: The bird night of return to H - the function is already seriously attacked.

1/2 hr a doll as "hypnotic" - asleep by pig-lead snatches - to complete observation of the 4 nights - despite forenoon discomfort.

- 8.30 wake (probably slept about 4.15)
- 11.45 Slept after breakfast 9.45 to 11.30. more or less. Family refreshed.
- 2.0 Lunch. Dozed since 12 a lot most of time
- 4.0 Tea. Dozed again after lunch till near 3.40.

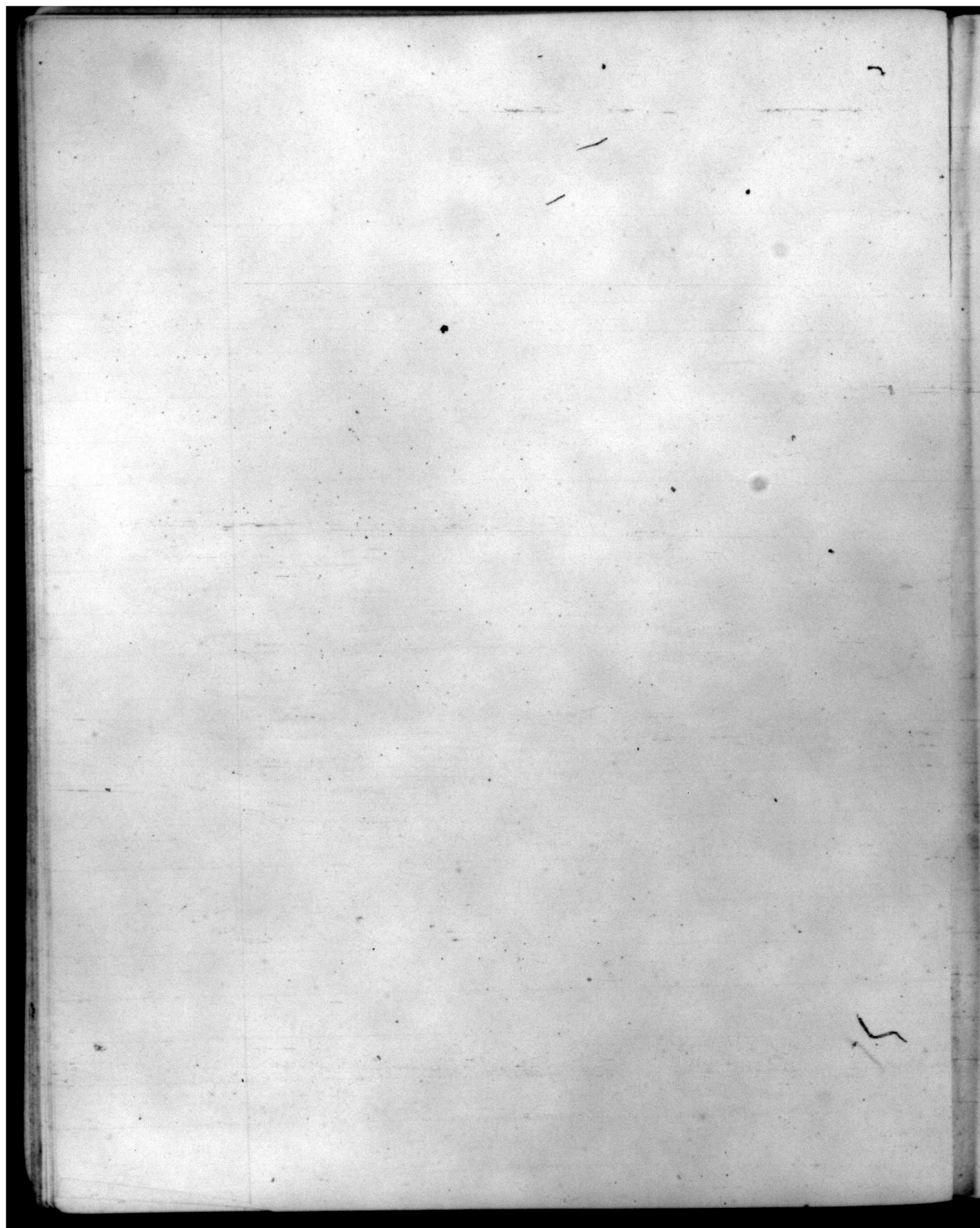
Briefly, the use of H. guarantees sleepless nights and days of somnolence: i.e. in my present state of nervous exhaustion,



There is no reserve of strength for a tonic
to take hold of. A lay rest in the country
is the absolute need.

7.5 P.M. I have certainly broken down
badly to-day: am repeating the
"~~Saint~~ Third Night", but will use
Belladonna; and Gardenal, if sleepless.
It is (I think) the lack of news, most of
all, that has overcome temporarily my
spirit. I feel myself sinking slowly, and
dragging down my luckless crew in
the whirlpool!

Last night, in a state between
sleep and waking, I composed a short
fragment of a very noble poem.
I got stuck, began a new stanza,
and found the former passage quite



blotted out of my mind. This silly calamity has preyed upon my spirit ever since. I am also depressed by the knowledge of my dilemma about H. The resultant has been to drain me of all moral energy. I have no initiative, no hope to make patience pleasant, and so no courage to resist any impression, which accordingly produces moral, & so physical collapse. I have used minimum H-protection in sheer mechanical automation, to enable me to wait without bringing on a serious crisis which would upset Alstrael and injure such prospects of rescue as exist by impatience. Several times already in these last three months I have been reduced to this state;

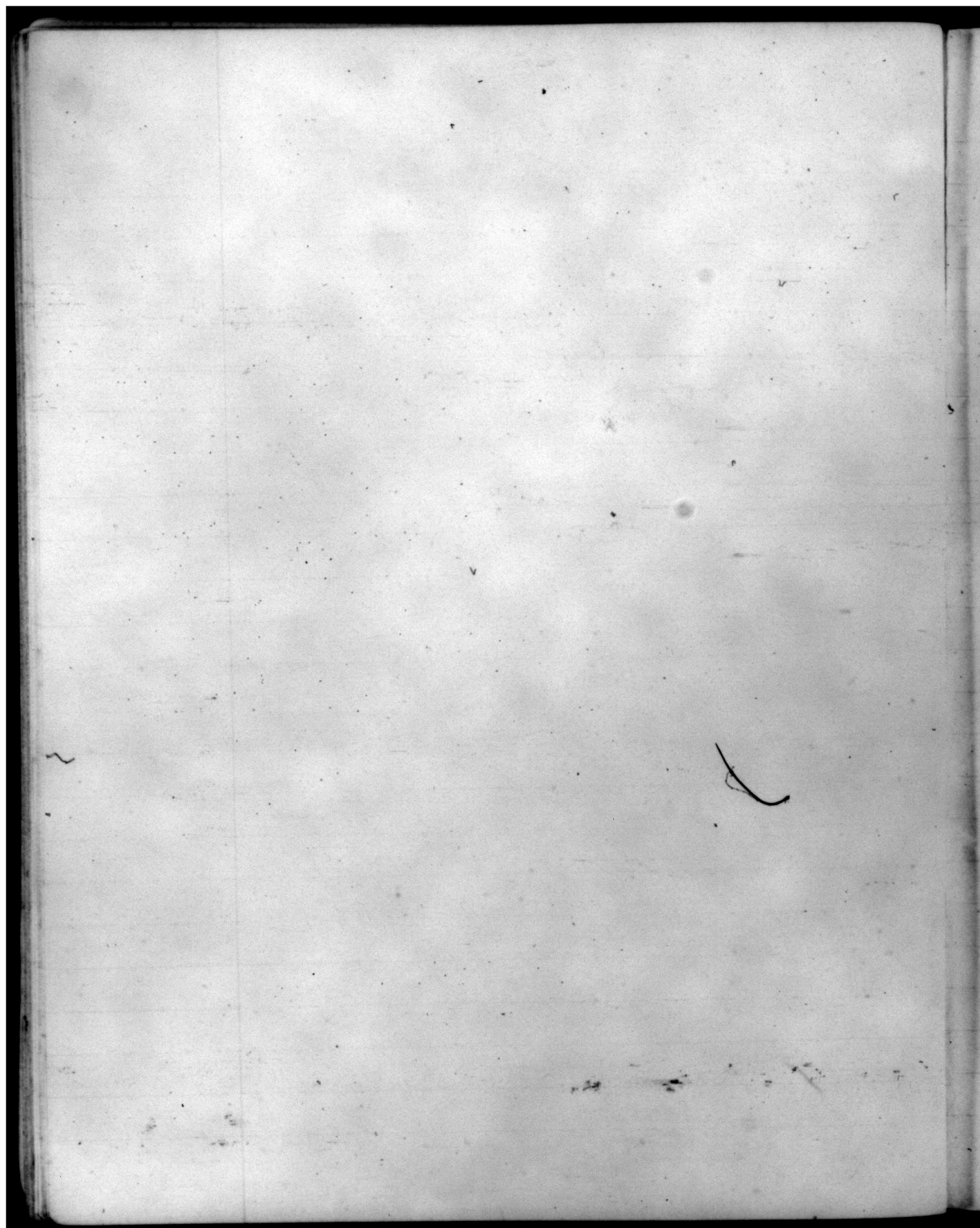
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25

26

~~The~~ delay thus gained, some new current
has reached me and whirled me into
waters of less deadly stagnation - even
though nearer to the brink of the cat-
ract, I cannot but rejoice.

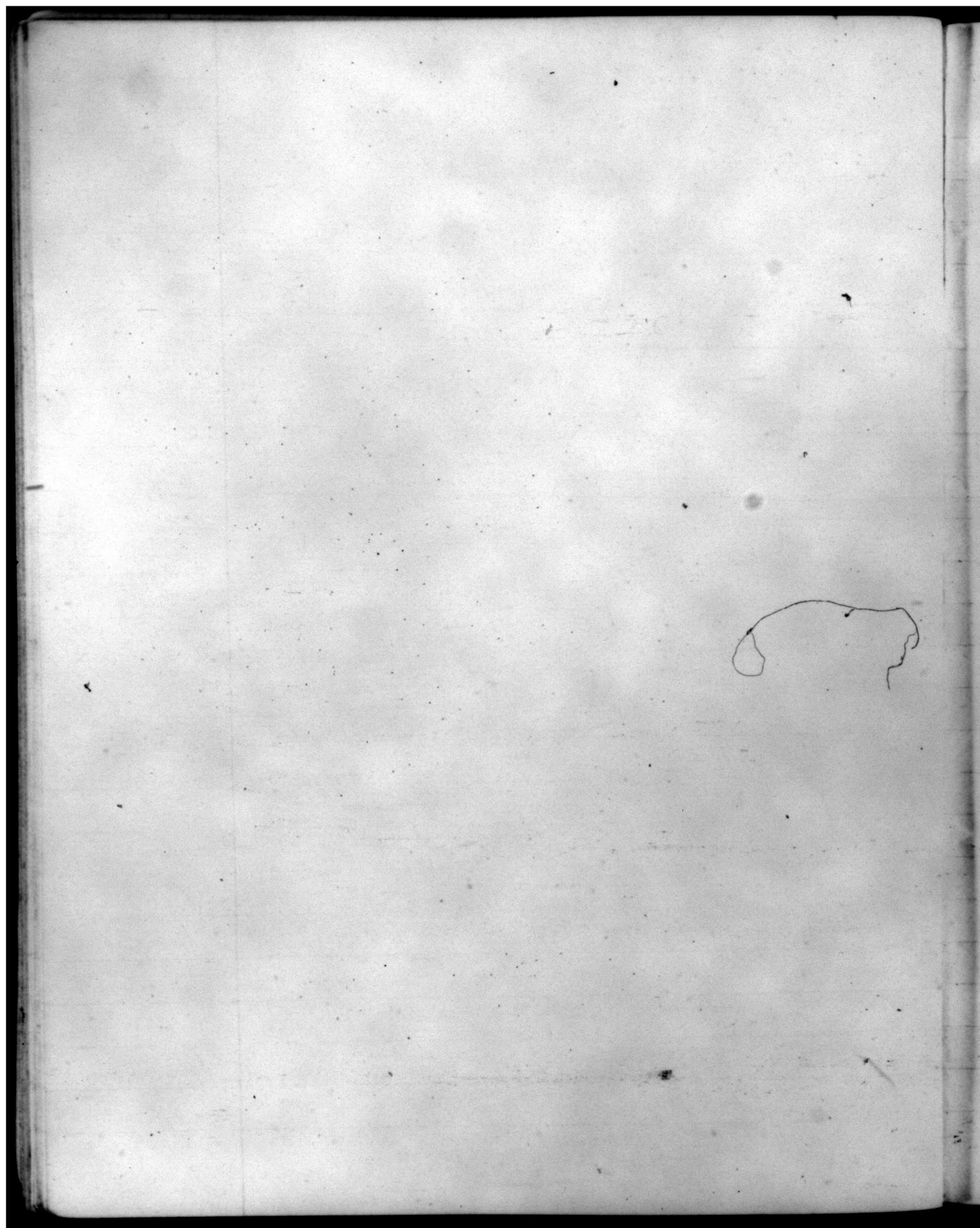
I observe, in all this period, that all the
since the Living Fire in which I am being
bathed is purging my spirit of all its grosser
elements. Holiness clothes me with its
film of lucid light. The Book of the
Law, in particular, shines with most
spiritual splendour; all coarse interpretation
has become impossible. True, on the planes
of false phenomena, its words must keep
their worth; but I shall never again fail
to perceive the true value of material
affairs. The spiritual and moral meaning
will prevent base and crude readings
of the text such as have so sorely nibbled



O.P.V.; and have in the past made me hostile to the Book itself by asserting a seeming incompatibility with my True Will.

Of course, the Book does foretell disaster to the old world; but we must see this in perspective as we now see the Fall of Rome or the operation of the Seasons.

The Book does not purport to alter the Laws of Nature; it simply sets forth the new Formula by virtue of which Mankind may use those Laws to the best advantage. [The "Spanish Influenza" at the end of the War of '14-'18 e.v. corrected the error of the Mautical method by wiping out many of the weaklings, saved until then by their very worthlessness, who would otherwise have hung round the neck of humanity like a sack of excrement, and made the work of reconstruction even more arduous than it now is. Prosperity is the name

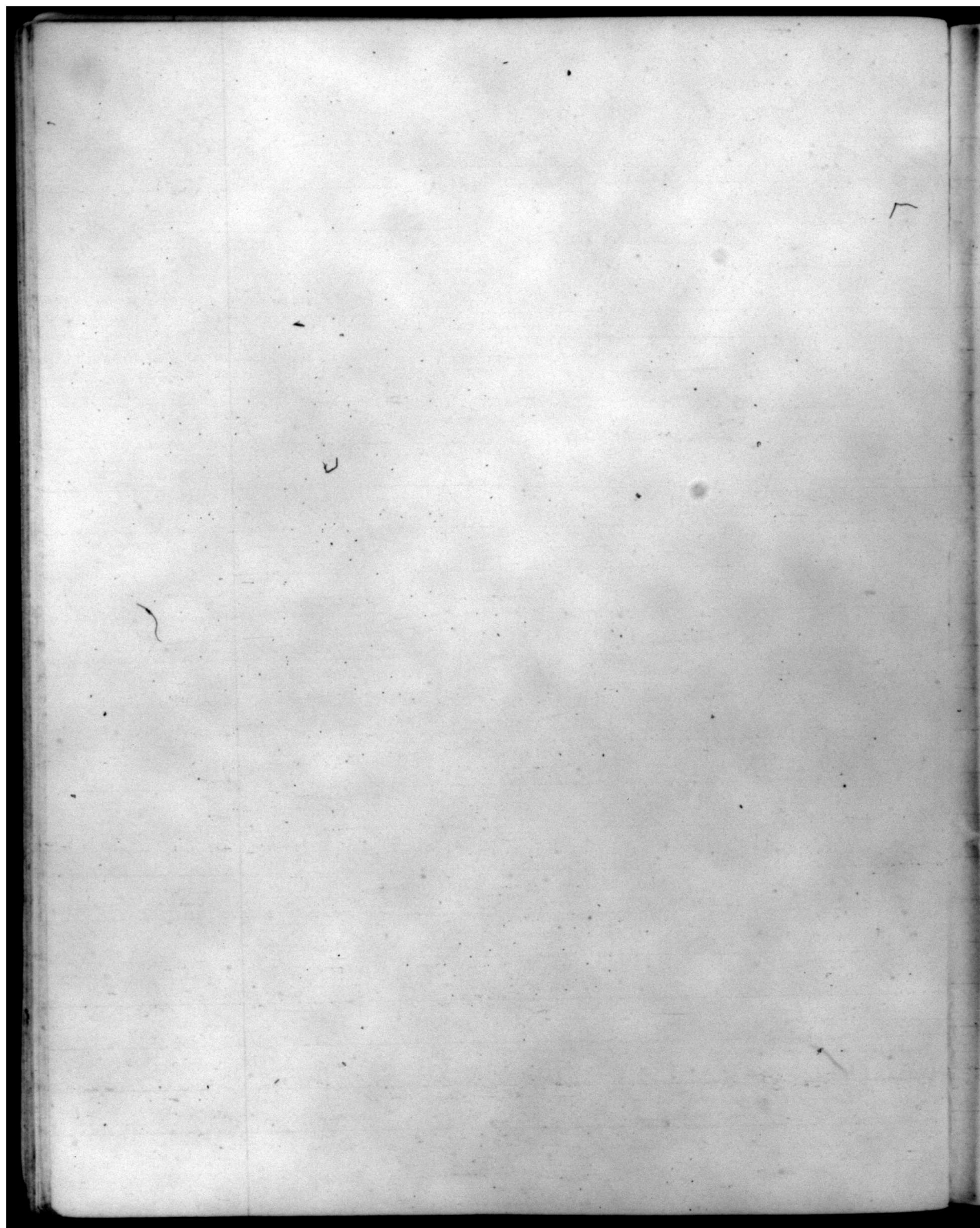


we give to the credit in resulting from
the surplus of Energy in any community.

The present universal economic stress is
Nature's second campaign to redress the
balance; and we are doing our stupidest
by trying to divert the aim of Necessity by
legislation, doles, relief funds &c on
artificial principles of policy, patriotism,
humanitarianism and the like.

The nation that has recovered most quickly
from War and Famine is Russia!

Isolated, attacked, anarchic, the weak
elements have been eliminated, save as the
Soviets have insanely interfered. Probably a
new revolution, specializing in Pogroms,
will complete Nature's wise work, so that in
five years' time there will be a Russia
ruled by Russians on Russian principles,
with plenty of room for all, and the only
weaklings that survive those who have been
kept alive by individual 'love under will',
instead of by the haphazard or unmetrical



methods of State Charity, a doctrinaire
devices.

The recovery of France from the rot of
Bourbonism (1789 till now) illustrates
this principle. She underwent every
variety of strain; each new 'saviour'
failed in the end, & ruined her; but on
each such occasion Nature came to the
rescue with a clean-up, so that she was
strong enough in the end to recover superbly
from 1870 and to endure 1914, despite
the hopeless corruption of her conscious
guidance - from Napoleon le Petit to
Cailaux (with Panama, Dreyfus &c) &c.

Ra Horu Khuit is Force and Fire
- the impersonal impulse of Solar Energy
which will purge the world of its dead
winter leaves and vitalize the seeds of
Spring.]

Love is the Law, Love under will.

Of its right Record - Therefore the dull & lean
In the fell Madquand's eyes became a glow,
Turn'd ~~it~~ ^{sun} sciss'd forth flaming over snow.
~~His bright~~ ^{part -} ~~and the dark violet lips~~ their violet smile

Showing the ^{supreme} sanctuary of teeth, ferocious
Chryselephantine wanders of his tongue
That lied and ~~loved~~ with his whole soul's young
Violence - his soul insatiate and atrocious
That seized and tore the issuing God - I saw
The loveliness unplaceable of Nature
Annin to full supremacy of stature
In this Her chinax to Her own wise Law!

Alister Crowley

May 1

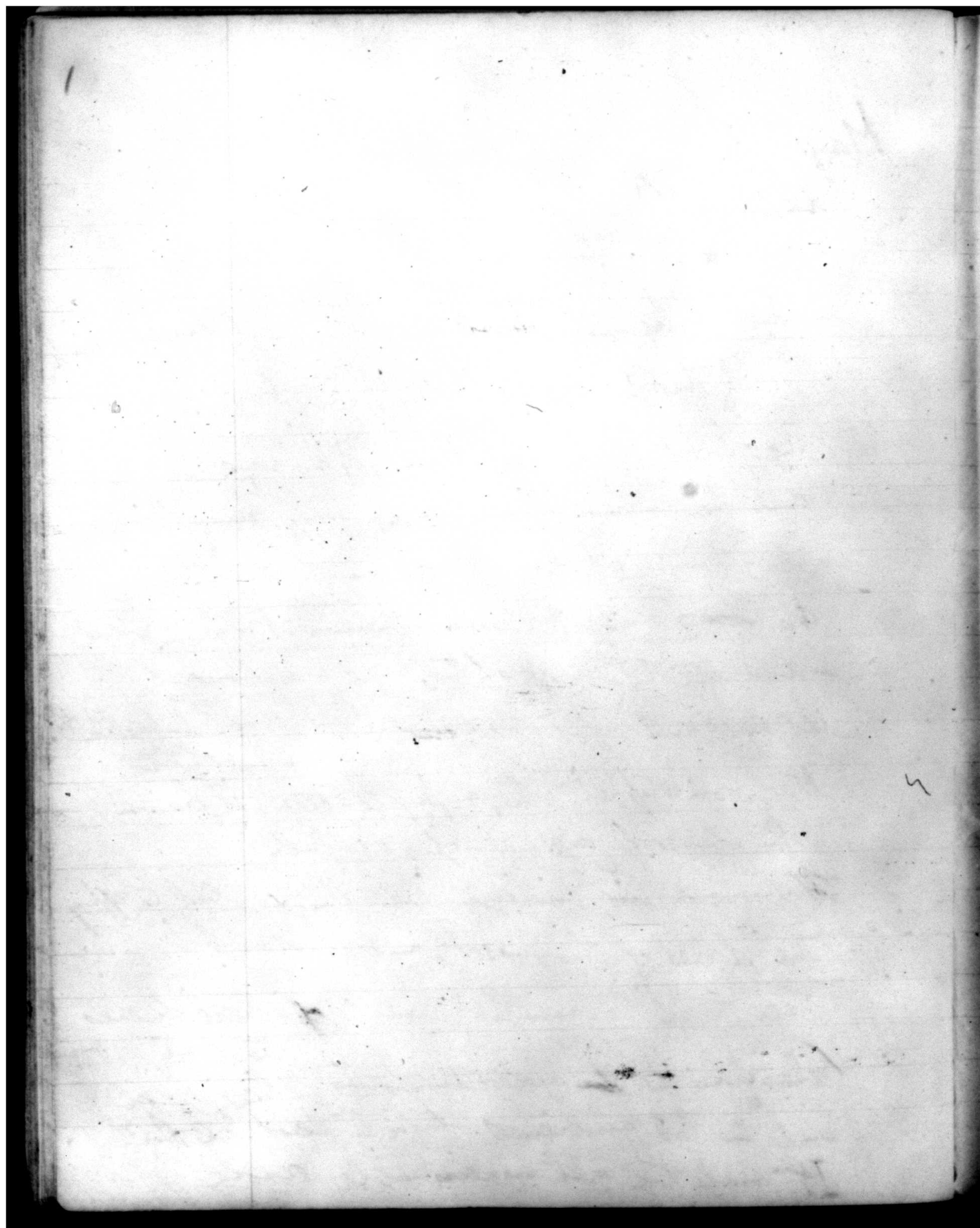
die 24 3 AM, Oath
The Black Guard and the Sage
(an incident of the Sabbath)

The Blackguard's ^{foot struck} ~~struck~~ his blue steel ^{and} ~~trusting struck~~
struck through the yellow belly of the Sage.

The scarlet blood spouted in joyous rage
and the cascade of glutinous grey muck
slow tumbled to the alluvial malachite
& ~~its~~ russet-brown abominations oozed
- and all the marrow of the Sage was loosed
As eyes and lips opened ~~his~~ ^{beards' lach-lusher}
^{white.}

Now God stepped forth, a purple-crested hawk
With plumes of jade and lapis-lazuli
At Borne a ^{that} ~~best~~ boisterous breath, so I led to effigy

The glories of this sunset, and to stalk
Free through the rambling realms of where dwell
When from its ~~to~~ ^{the soul} ~~eyes~~ ^{the} ~~limbs~~ ^{the} ~~the~~ ^{the} fetter falls
and in the ambience of the essential All
It reads the gilt imperishable scroll



10.9.21³
1921

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